

# GYNAE ONCOLOGY: THE OTHER SIDE OF THE DRAPES..

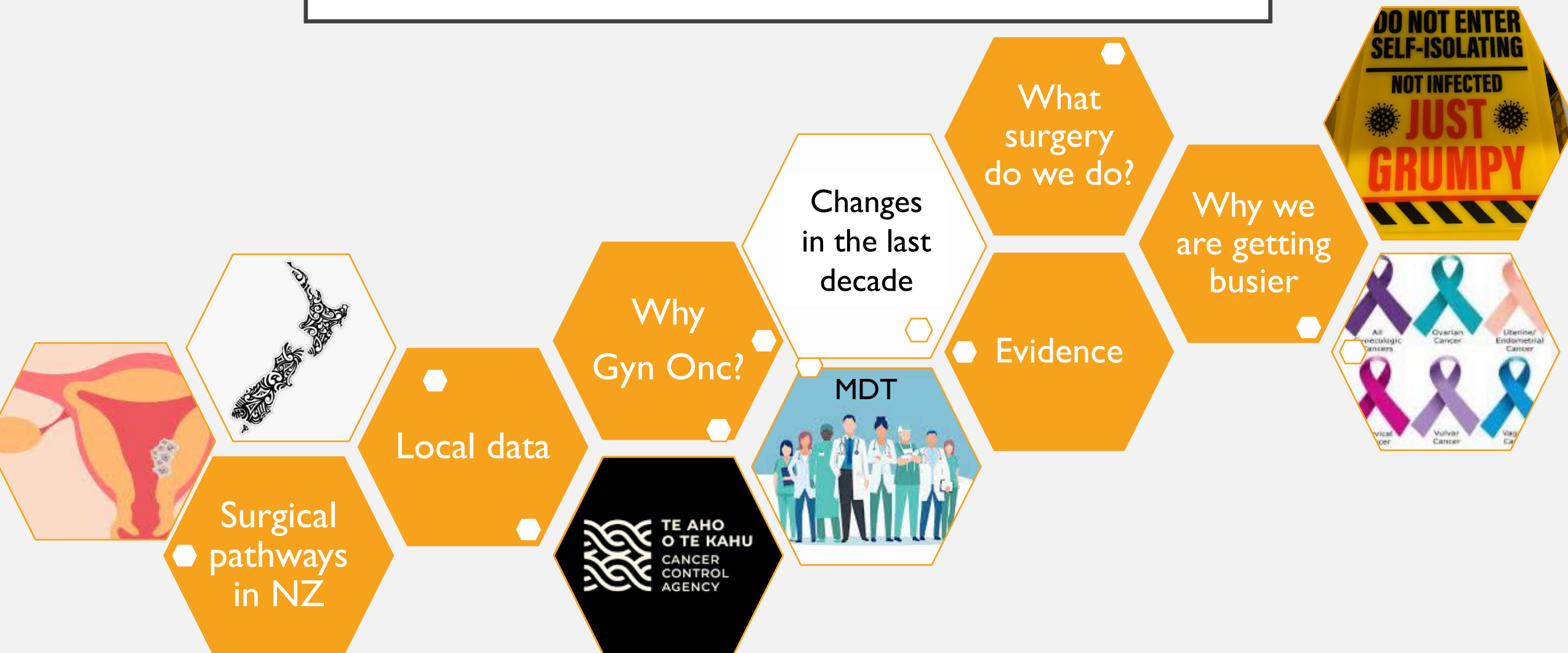
Dr Lois Eva

Clinical Director Gynaecological Oncology

National Women's at Te Toka Tumai

Auckland

# GYNAE ONCOLOGY IN 30 MINS..





## DISCLOSURE

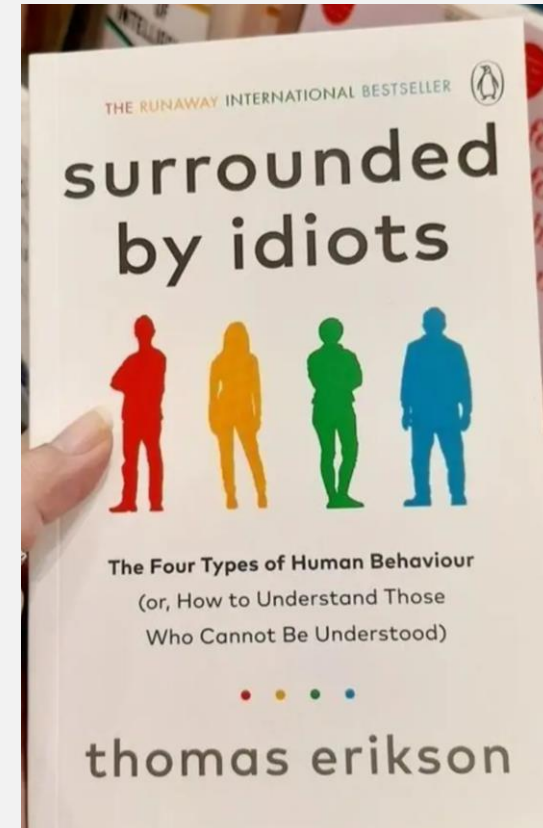
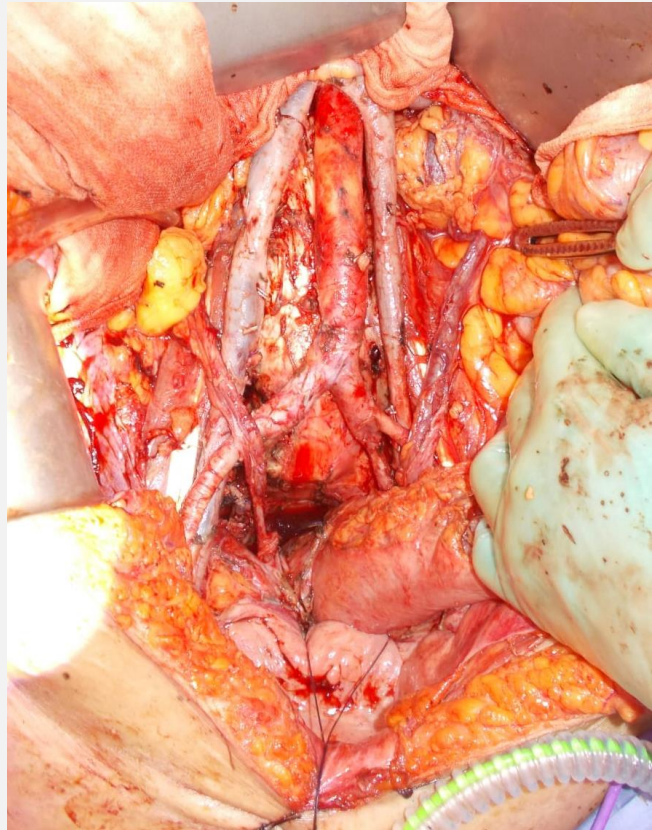
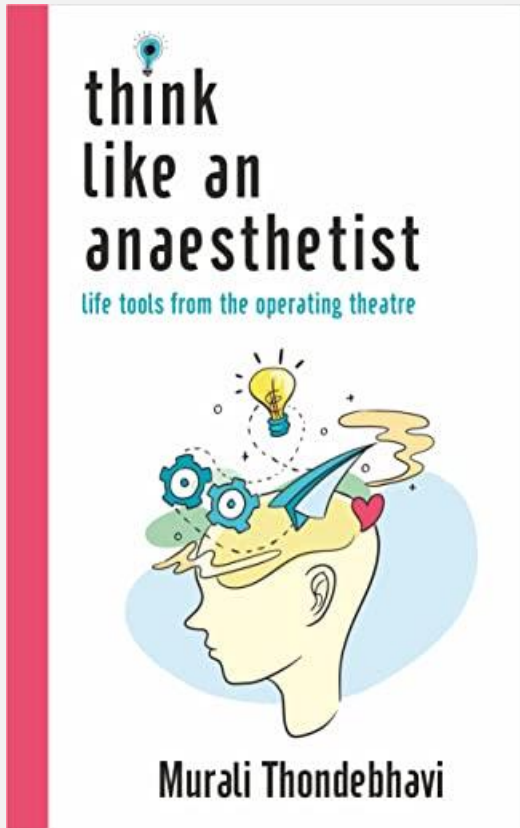
- **Any resemblance to any real anaesthetists, living or dead, is purely coincidental**

IT'S NOT ALWAYS LIKE THIS





# WHAT'S GOING THROUGH YOUR MIND?



# WHAT'S GOING THROUGH MY MIND?



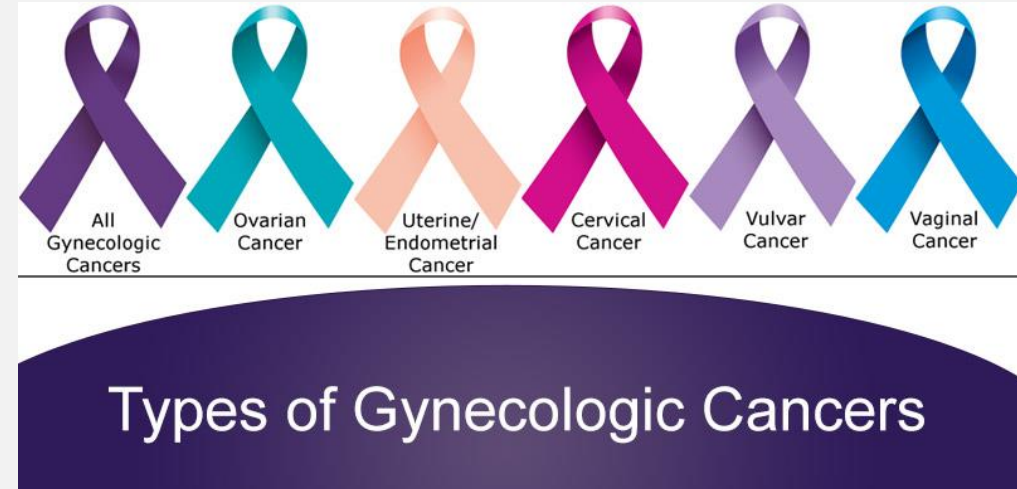


OR SOMETIMES...IN SOMEONE ELSE'S THEATRE



# HOW DID WE GET HERE?

- Specialised training
- High volume centres
- Better outcomes
- Better Survival



## *It Takes a Team...*

**Report to the Ministry of Health on a proposed national service improvement plan for gynaecological cancer services**

July 2011



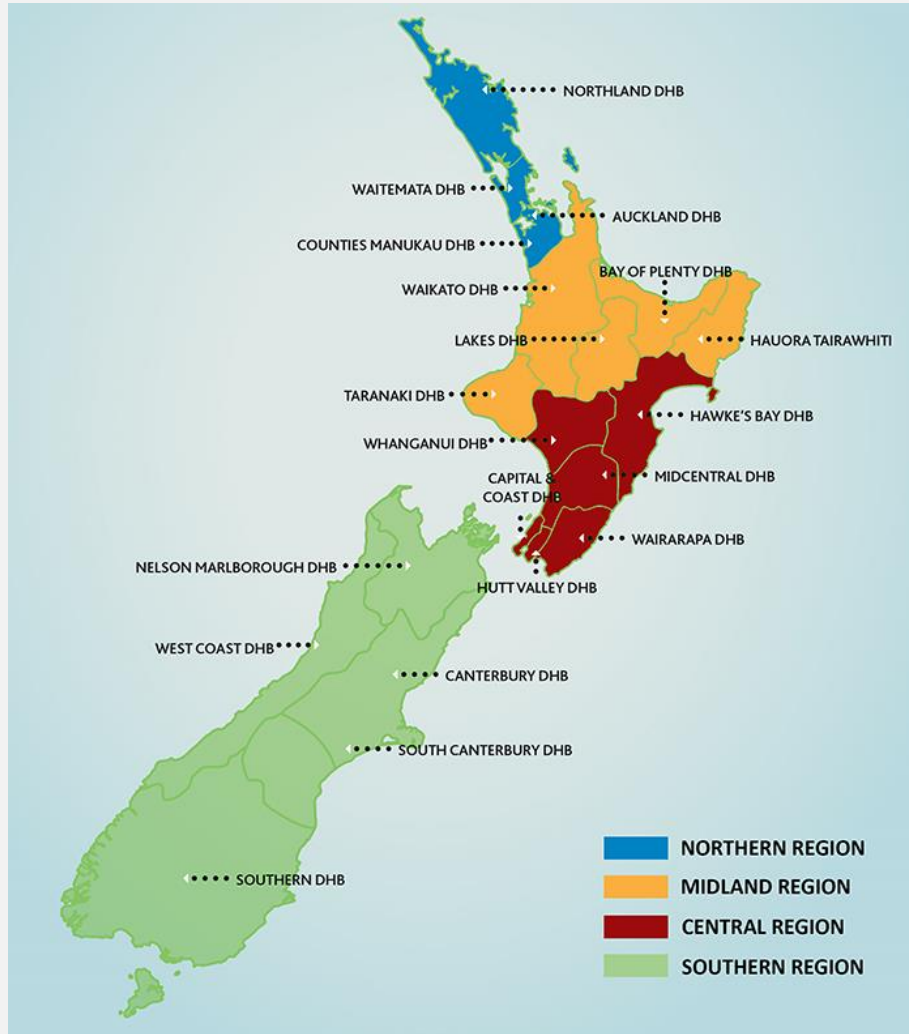
Standards of  
Service Provision for  
Women with Gynaecological  
Cancer  
in New Zealand

National Gynaecological Cancer Working Group

**Report to the Ministry of Health -  
National Gynaecological Oncology  
Service Provision Models**

*Subgroup of the National Gynaecological Cancer Working Group, 17 February 2014*

# GYNAECOLOGICAL CANCER REGIONS OF AOTEAROA



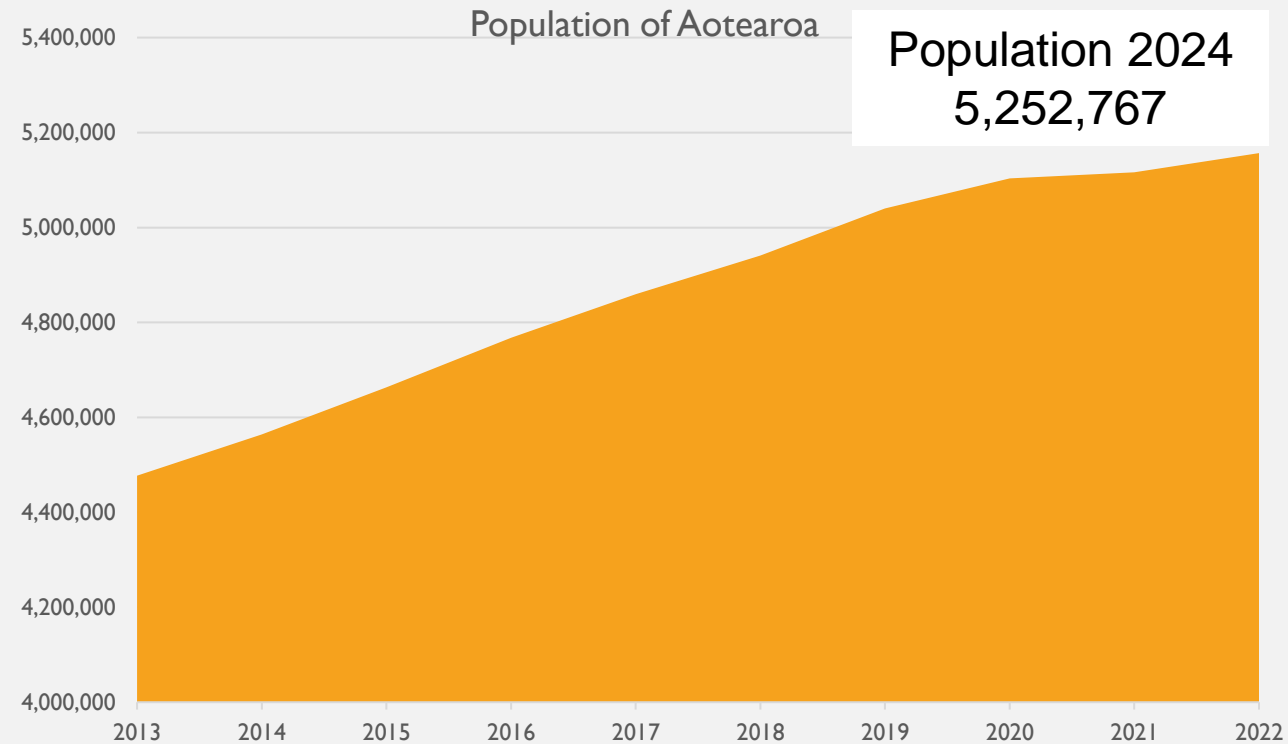


# GYNAECOLOGICAL CANCER REGIONS OF AOTEAROA: 3 CENTRE MODEL 2013

Three centre model	
Northern	2,300,000
Central	980,000
Southern	1,000,000

	Four centre model	Three centre model	2024
Auckland	5	7-8	4
Waikato	2		
Wellington	3	3	1
Christchurch	3	3	2.5

**Table 1 - ideal distribution of gynaecological oncologists**





number of unicorns in nz



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Tools

About 6,850,000 results (0.24 seconds)

The vast majority of our 560,000 businesses employ fewer than 20 people, 70 per cent of them are sole traders, and in 2019 Callaghan Innovation estimated that **New Zealand had produced just nine "unicorns"**, those rare businesses valued at more than \$1 billion. 1 Jul 2021



# TEAM TE TOKA TUMAI





# GYN ONC MDM

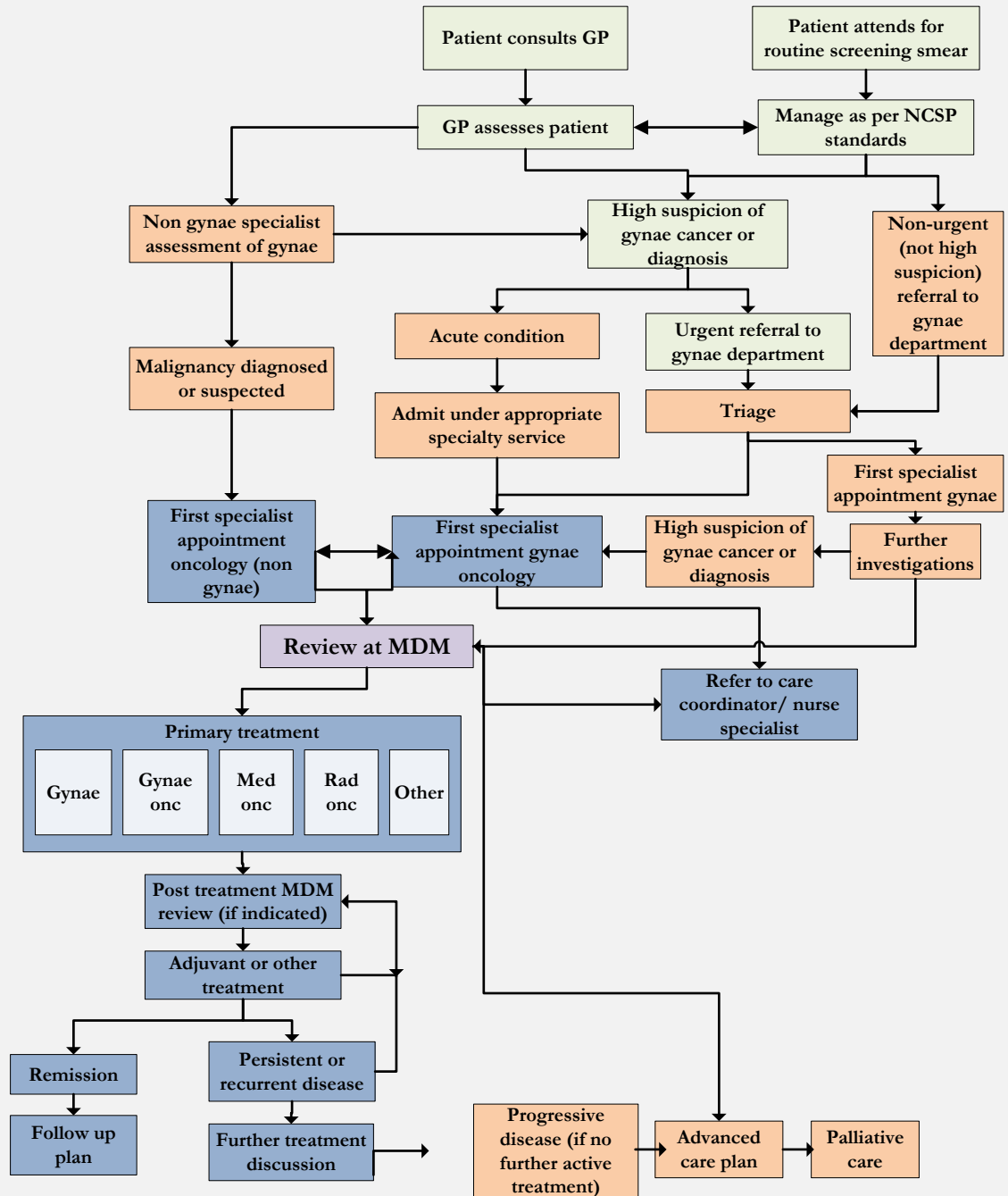
- 2 MDM Coordinators
- 3 Medical Oncologists
- 2 Radiation Oncologists
- 4 Gynae Oncologists
- 4 Gynae Pathologists
- 4 Gynae Radiologists
- 2 Gyn Onc CNS
- 1 Med Onc CNS
  
- 8 Unit Lead Gynaecologists
- 8 Local CNS



# ROLE OF GYN ONC

- Coordinate regional referrals
- Host MDM
- Coordinate documentation
- Surgical services
- Regional vulval clinic
- Regional tertiary colposcopy
- CGO training centre
- Academic centre

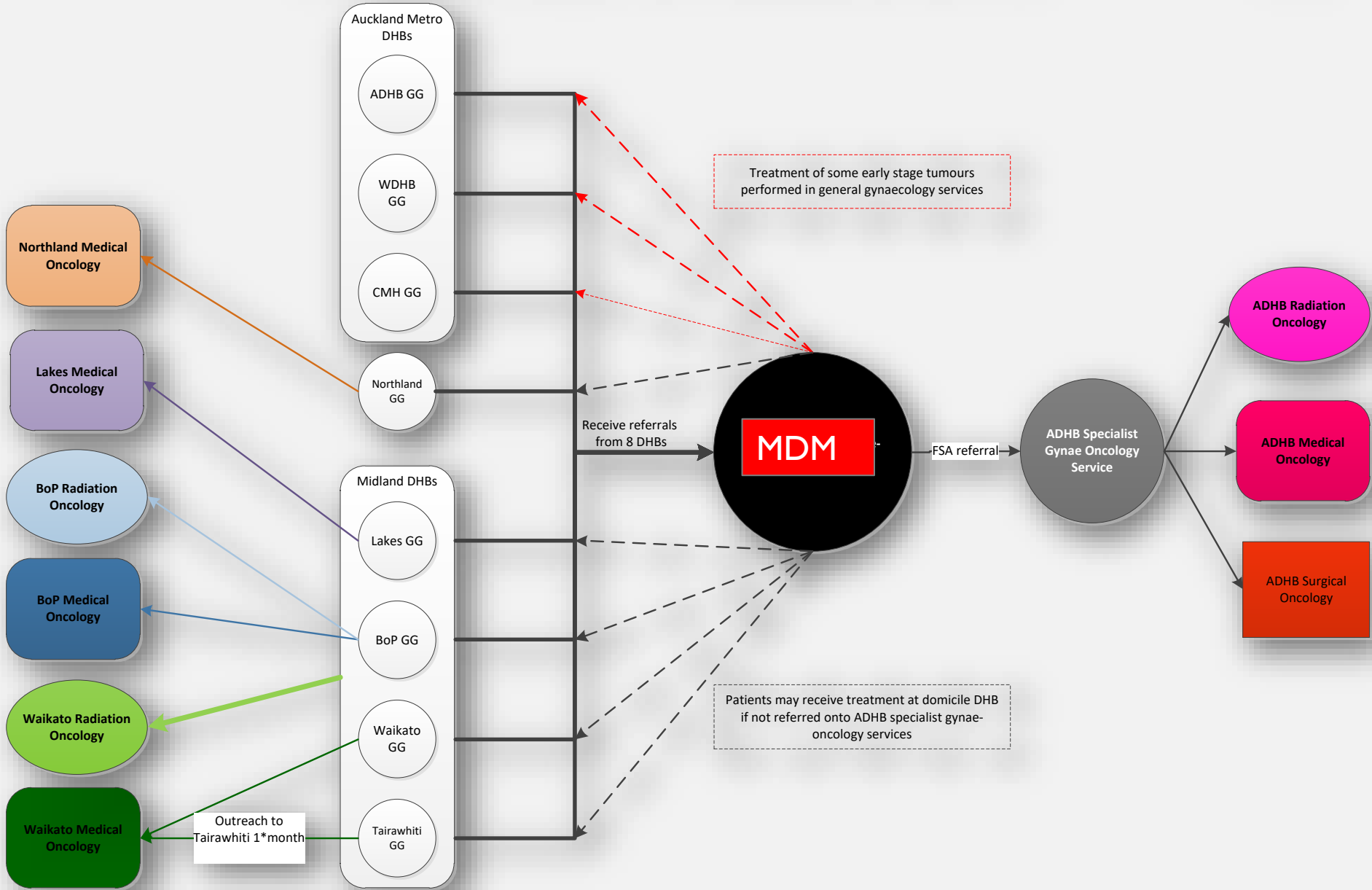
## GYNAECOLOGICAL ONCOLOGY CARE PATHWAY



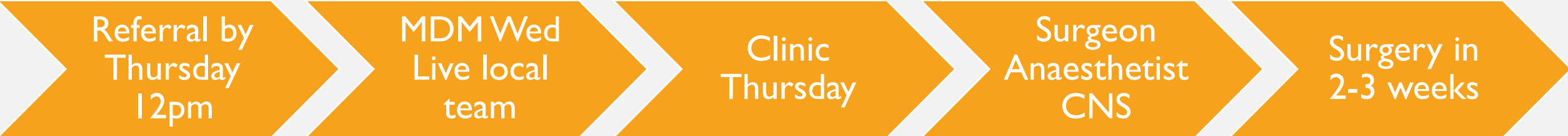


# ADHB Specialist Oncology Services – relationship with other DHBs

GG = General Gynaecology



# SURGICAL PATHWAY



LEVEL 9 THEATRE



WARD 97



## TIME TO CLINIC AND SURGERY

**Table 11.10 Time from first MDM to first GO Clinic appointment (clinic in 2022)\***

	2021		2022	
	N=349		N= 367	
	n	%	n	%
<7 days	185	53.0	174	47.4
7-14 days	44	12.6	62	16.9
>14 days	116	33.2	121	33.0
Clinic before MDM	4	1.1	10	2.7

**Table 11.11 Time from first clinic visit to primary surgical treatment (surgery in 2022)\***

	n	%
<14 days	171	71.0
14 - 31 days	48	19.9
>31 days	22	9.1

# PREDICTING THE FUTURE: WHAT ACTUALLY HAPPENED...

Region	2012	2021
Central region	32	35
Midland region	26	30
Northern region	67	79
Southern region	34	36
Total	159	179

Table 8 - cervical cancer raw volume increases by region

Region	2012	2021
Central region	72	83
Midland region	51	61
Northern region	93	117
Southern region	81	96
Total	297	356

Table 10 - ovarian cancer raw volume increases by region

Region	2012	2021
Central region	98	115
Midland region	61	72
Northern region	143	180
Southern region	87	101
Total	389	469

Table 9 - endometrial cancer raw volume increases by region

Region	2012	2021
Central region	26	30
Midland region	20	23
Northern region	46	58
Southern region	31	35
Total	123	146

Table 11 - other cancer raw volume increases by region

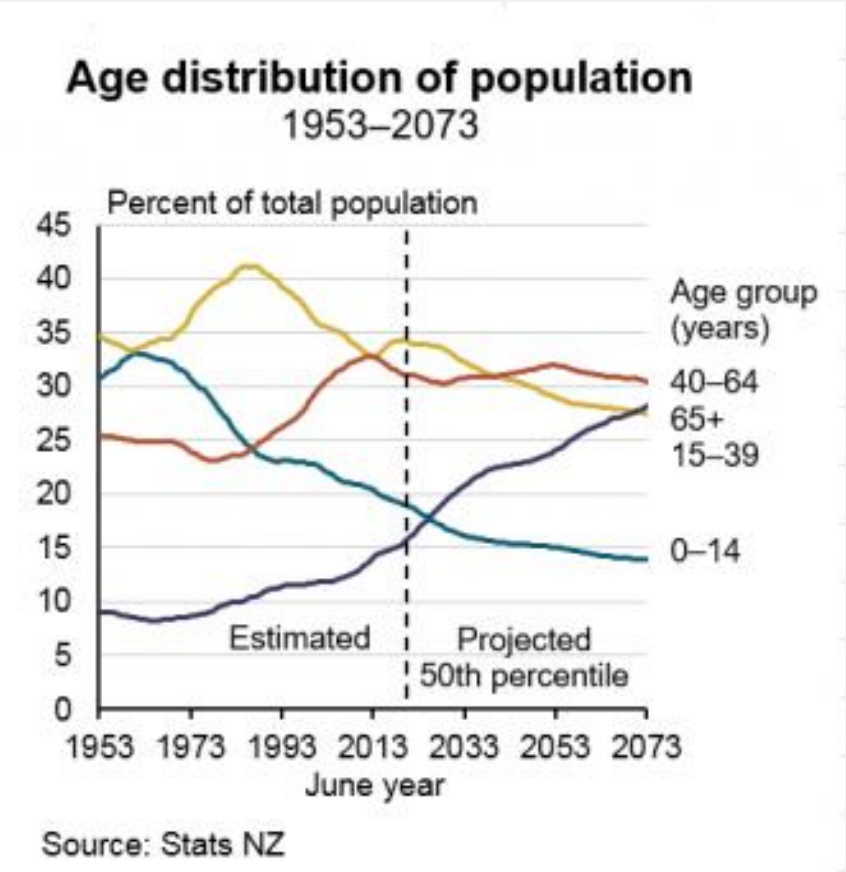
## It Takes a Team...

Report to the Ministry of Health on a proposed national service improvement plan for gynaecological cancer services

July 2011

	Cervix	Ovary	Endometrial	Other	Total
Projected North/Mid cancers 2021	109	178	252	81	620
New MDM referrals 2022	90	423	374 (all grade/stage)	218	1105
Total MDM referrals 2022	125	538	481	273	1417
Gyn Onc surgery 2022	50	218	124 (high grade/stage)	103	495

# INCREASING AGING POPULATION

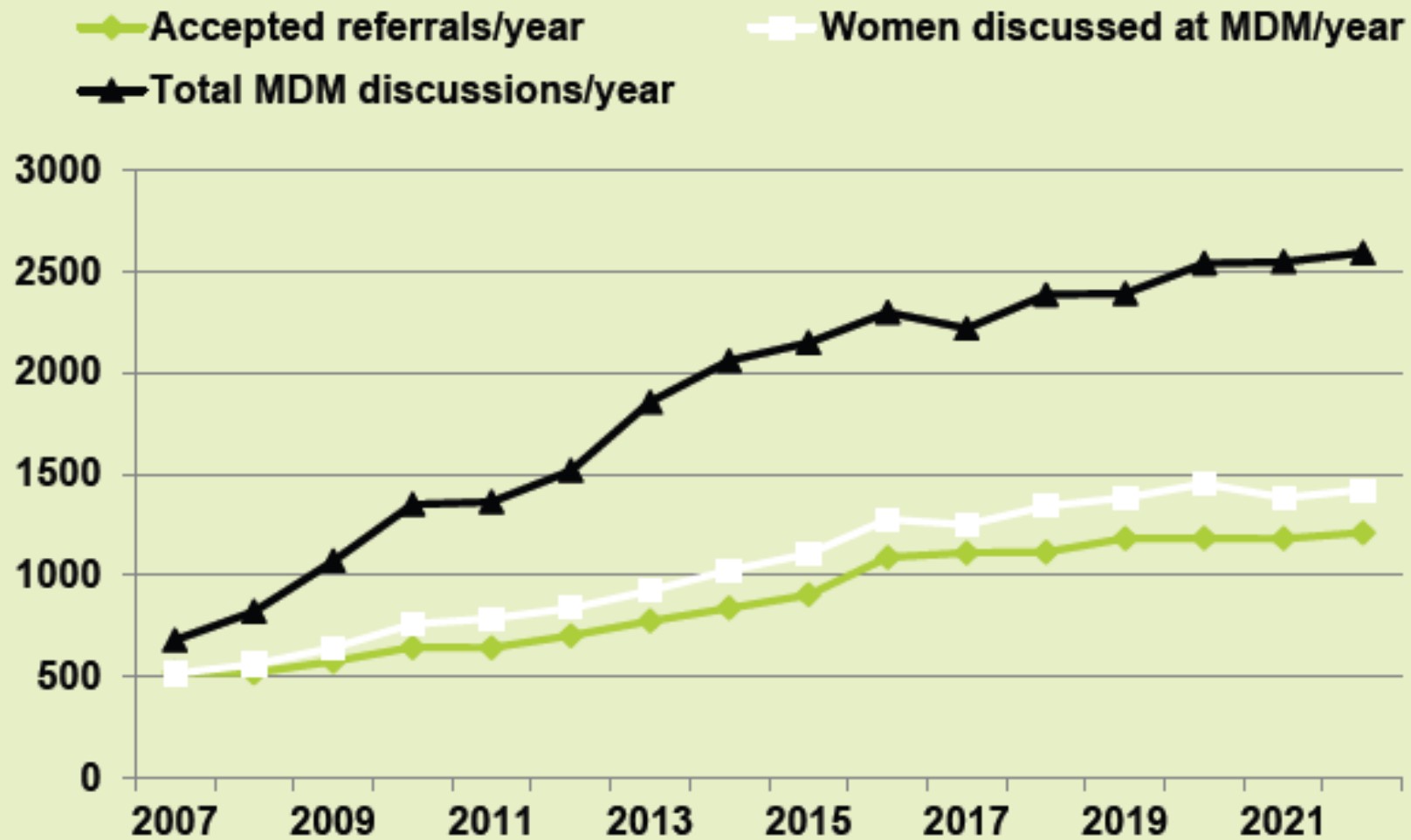


**Table 11.13 Demographic characteristics**

	Total		Ovarian	
	N= 1423		N= 503	
	n	%	n	%
<b>Registered in 2022</b>	1105	77.7	401	79.7
<b>Age</b>				
≤25	37	2.6	23	4.6
26-35	154	10.8	48	9.5
36-45	208	14.6	79	15.7
46-55	249	17.5	103	20.5
56-65	294	20.7	89	17.7
66-75	282	19.8	100	19.9
>75	199	14.0	61	12.1



**Figure 11.1 Referrals and Multidisciplinary meetings (MDMs) 2007 -2022**



# INCREASING THEATRE TIME

Te Whatu Ora  
Health New Zealand  
Te Toka Tumai Auckland

Theatre Suite

AKCH9

Theatre Event Specialty Desc

Gynaecological

Case Type

All

Surgeon

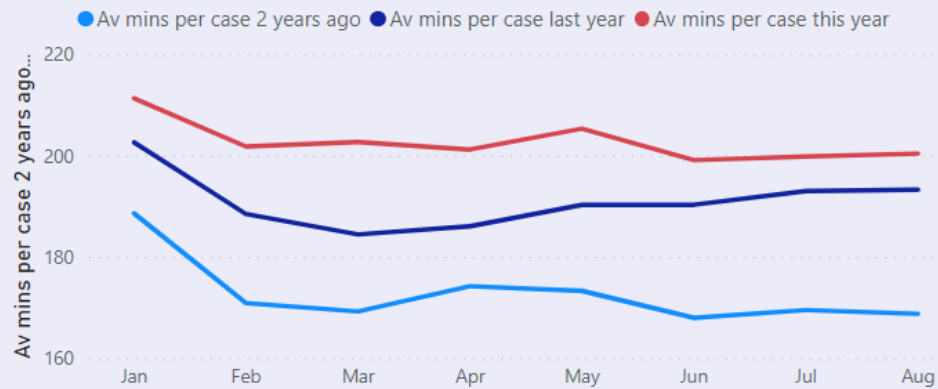
Multiple selections

Virtual The...

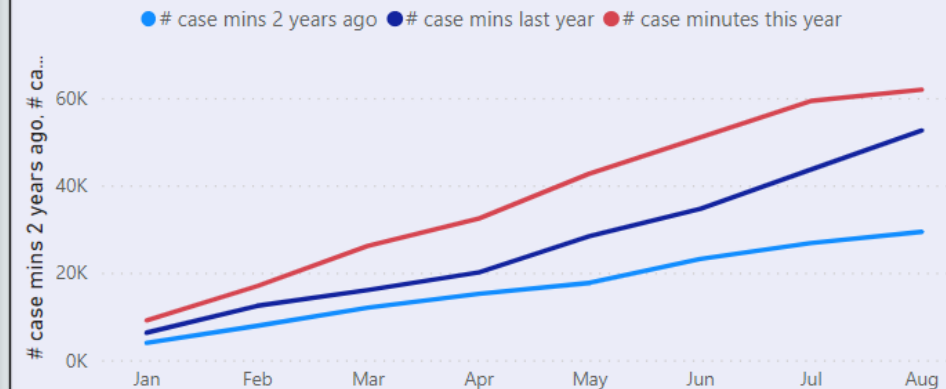
N



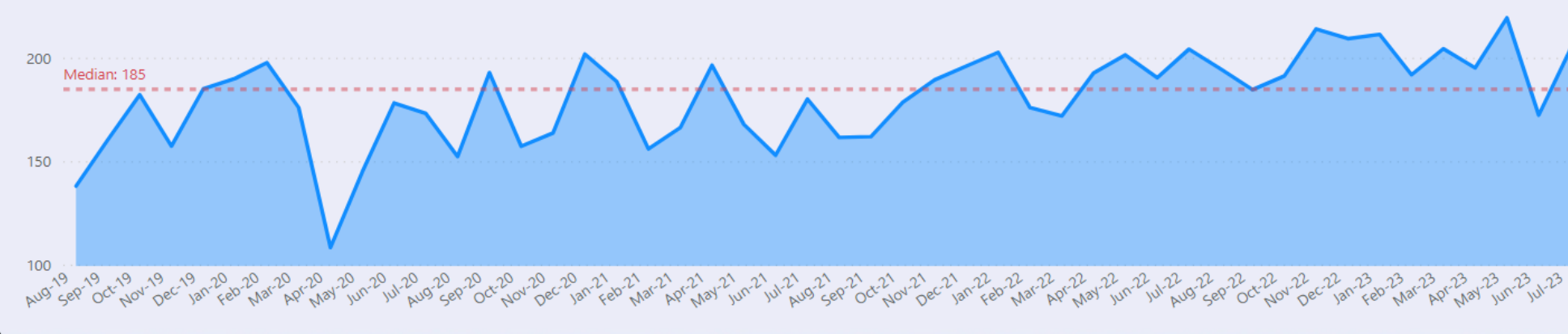
Rolling average minutes over time



Rolling case mins over time



Average mins per case in AKCH9 in Gynaecological for ages 15 to 97 for all consultants



# INCREASING COMPLEXITY



## Sugar, the new smoking:

**Kerala's 'fat tax' is a start towards reversing India's status as the world's Diabetes Central**

Is the Kerala government's move to impose a 'fat tax' on food items such as pizzas, burgers and tacos a step in the right direction? Why not samosas and parathas, some of which can be as lethal? And if they can make the cut, what about pooris and bhaturas, cakes and pastries? Of course, the sugar lobby will argue that eating sugar does not cause diabetes per se if you limit your intake.



**3Hcare**

Help | Health | Happiness...

**Remain healthy by getting regular Diabetic profile testing done from 3Hcare**

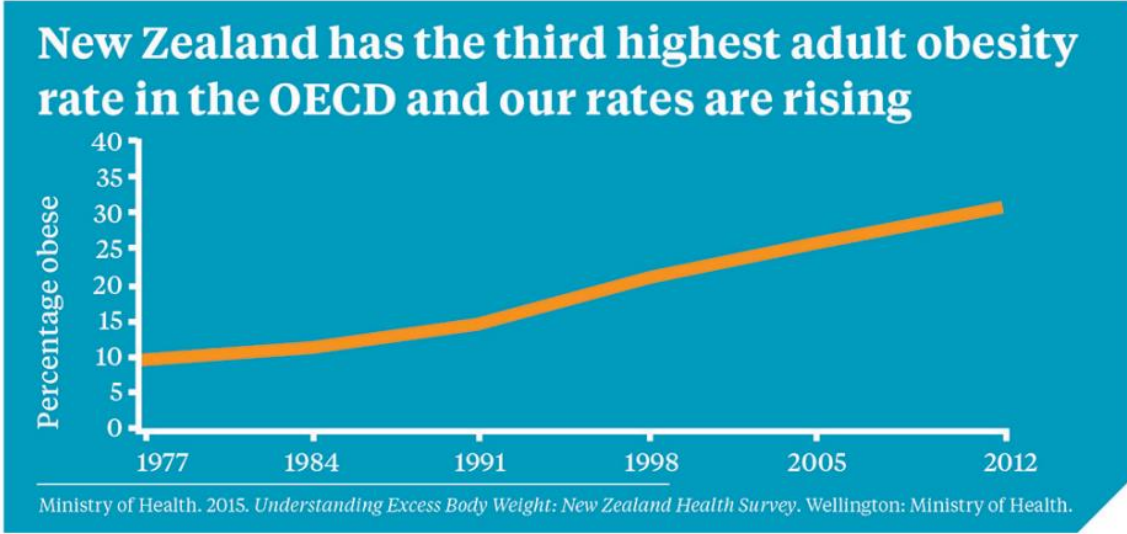
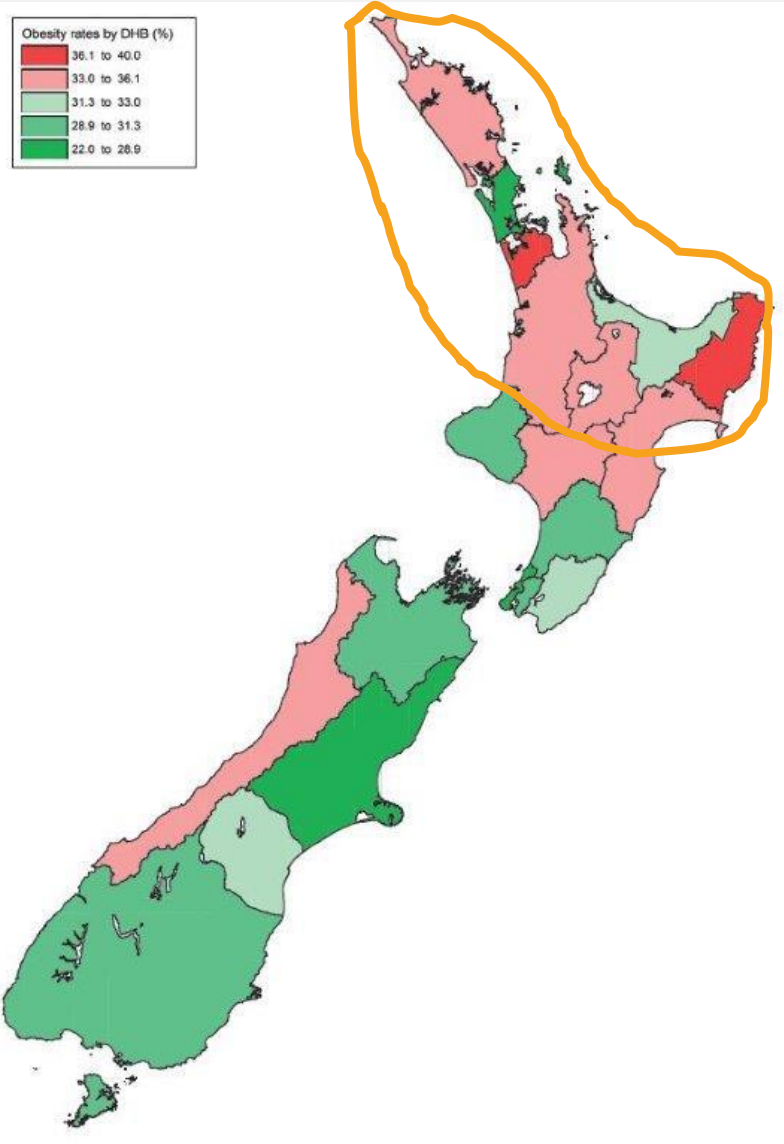
[www.3hcare.in](http://www.3hcare.in)

### OBEILITY

Pacific adults have the highest rates of obesity in New Zealand.

**2 out of 3**  
Pacific adults are classified as obese, with almost one in three obese children.

**1 out of 3**  
New Zealand adults are obese, with just over one in ten obese children.



## WHY SITTING IS THE NEW SMOKING

AND HOW THIS IMPACTS C

# CANCER RISK AND OBESITY


**Table 2.** Strength of the Evidence for a Cancer-Preventive Effect of the Absence of Excess Body Fatness, According to Cancer Site or Type.\*

Cancer Site or Type	Strength of the Evidence in Humans†	Relative Risk of the Highest BMI Category Evaluated versus Normal BMI (95% CI)‡
Esophagus: adenocarcinoma	Sufficient	4.8 (3.0–7.7)
Gastric cardia	Sufficient	1.8 (1.3–2.5)
Colon and rectum	Sufficient	1.3 (1.3–1.4)
Liver	Sufficient	1.8 (1.6–2.1)
Gallbladder	Sufficient	1.3 (1.2–1.4)
Pancreas	Sufficient	1.5 (1.2–1.8)
Breast: postmenopausal	Sufficient	1.1 (1.1–1.2)§
Corpus uteri	Sufficient	7.1 (6.3–8.1)
Ovary	Sufficient	1.1 (1.1–1.2)
Kidney: renal-cell	Sufficient	1.8 (1.7–1.9)
Meningioma	Sufficient	1.5 (1.3–1.8)
Thyroid	Sufficient	1.1 (1.0–1.1)§
Multiple myeloma	Sufficient	1.5 (1.2–2.0)
Male breast cancer	Limited	NA
Fatal prostate cancer	Limited	NA

# ENDOMETRIAL CANCER IN AOTEAROA NZ

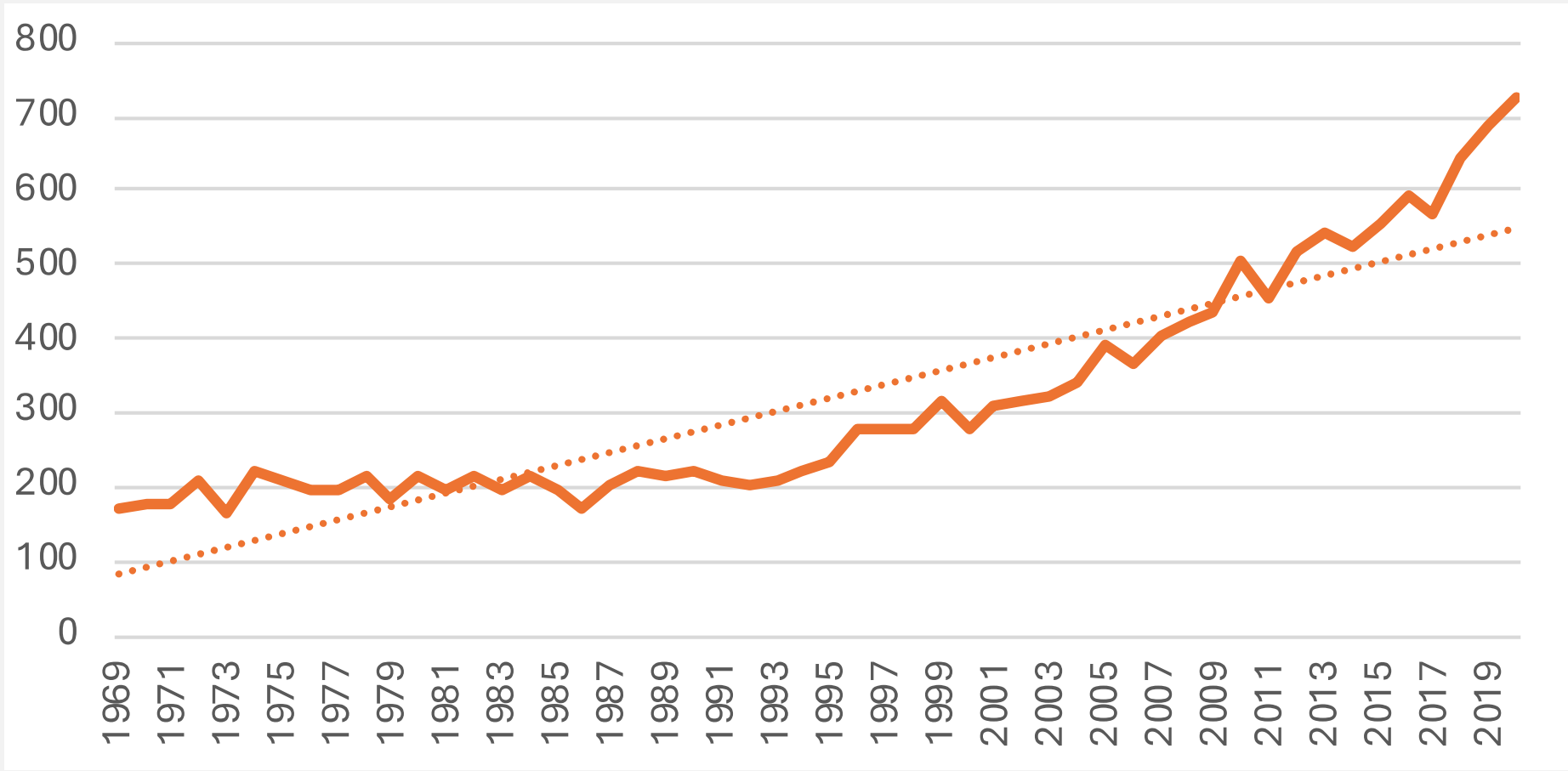
1978 → 2013

## ENDOMETRIAL CANCER DIAGNOSES INCREASED



IN 26 OF 43 COUNTRIES AROUND THE WORLD

Source: Lortet-Tieulent J, et al. JNCI (2017) 110(4):djc214 cancer.gov



Endometrial cancer cases have almost **trebled** in the last 20 years in New Zealand.



**ANZ GOG** | Advancing research saving lives



# ENDOMETRIAL CANCER



He Pūrongo Mate Pukupuku  
o Aotearoa 2020  
The State of Cancer  
in New Zealand 2020

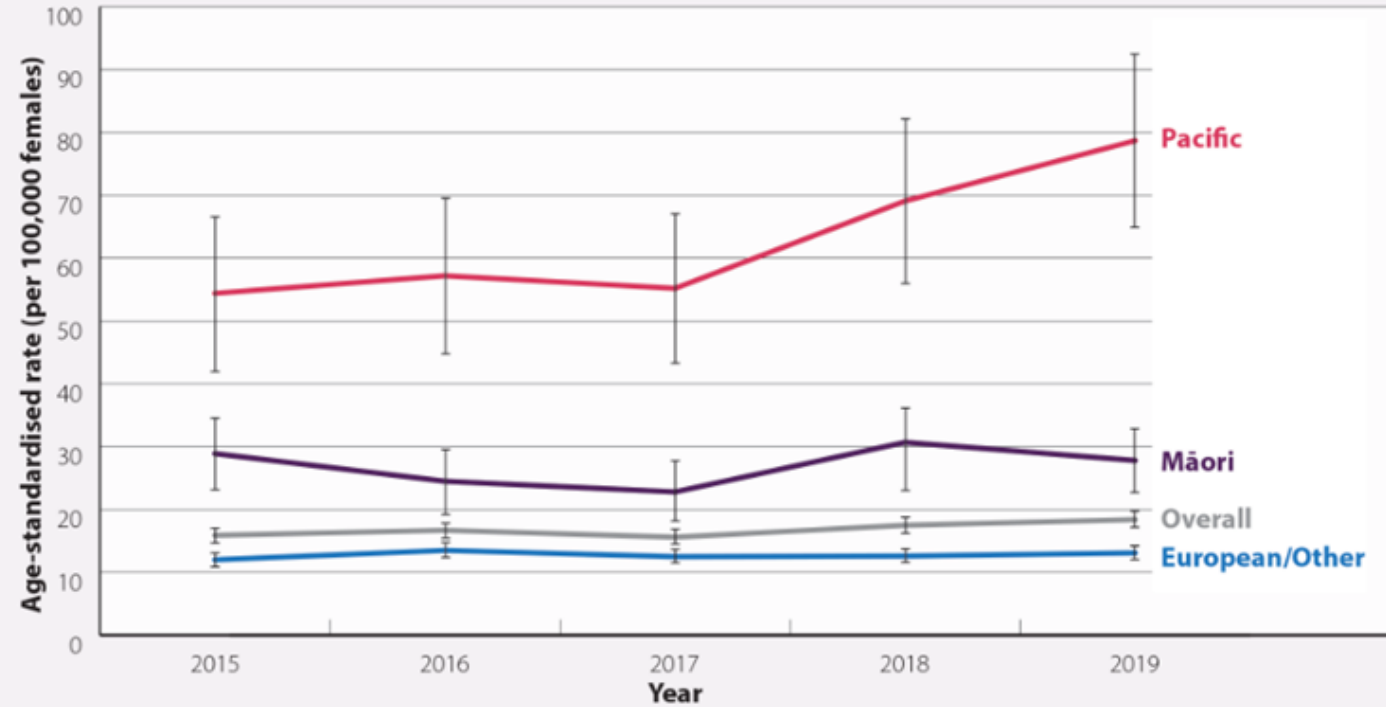


Figure 2. Age-standardised incidence rate (per 100,000 females; 95% confidence intervals)\* for uterine cancer by ethnicity between 2015 and 2019 in New Zealand.<sup>16</sup> N.B. Data in New Zealand are only available for uterine cancer overall; endometrial cancers represent approximately 95% of all uterine cancer diagnoses.<sup>3</sup> Incidence data by ethnicity are not yet available for 2020.

## ORIGINAL ARTICLE

## Increasing incidence of endometrial carcinoma in a high-risk New Zealand community

Susan M. Bigby<sup>1</sup> , Sandar Tin Tin<sup>2</sup>, Lois J. Eva<sup>3</sup>, Phillipa Shirley<sup>3</sup>, Kieran Dempster-Rivett<sup>4</sup> and Mark Elwood<sup>2</sup>

**Table 1: Incidence, trends and Outcome by Ethnicity**

(ASI = Age Standardised Incidence, APC= Annual Percentage Change, CI = Confidence Interval)

	National	Counties Total	Maori	Pacific	Other
All women: n (%)	5486 (100%)	588 (100%)	82 (13.9%)	242 (41.2%)	264 (44.9%)
Age <50 years: n (%)	707 (12.9%)	157 (26.7%)	24 (29.3%)	96 (39.7%)	37 (14.0%)
Age 50+ years: n (%)	4779 (87.1%)	431 (73.3%)	58 (70.7%)	146 (60.3%)	227 (86.0%)
Average ASI – all women	14.5/100 000	22.97/100 000	32.33 (RR= 2.47)	66.88 (RR= 5.11)	13.09 (RR= 1.0)
Average trends in incidence: APC (95%CI)	2.01 (1.40, 2.60)	7.3 (3.4, 11.1)	7.2 (0.2, 14.6)	9.3 (4, 14.9)	3.4 (0.5, 6.4)
Disease specific mortality	4.7/100 000	4.14/100 000			
Trends in disease specific mortality: APC (95%CI)	- 4.91 (-5.80, -4.00)	7.3 (3.7, 11.1)			

## PART OF THE HEALTH EQUITY PROBLEM

**Table 11.13 Demographic characteristics of women discussed at MDM in 2022 by primary site**

	Total		Ovarian		Peritoneum		Fallopian tube		Endometrium		Uterus		Cervix		Vulva	
	N= 1423		N= 503		N= 13		N= 22		N= 481		N= 84		N= 125		N= 62	
	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%
<b>Registered in 2022</b>	1105	77.7	401	79.7	8	61.5	14	63.6	374	77.8	74	88.1	90	72.0	31	50.0
<b>Ethnicity</b>																
Māori	210	14.8	71	14.1	1	7.7	1	4.5	84	17.5	11	13.1	24	19.2	2	3.2
Pacific	255	17.9	76	15.1	2	15.4	2	9.1	132	27.4	9	10.7	19	15.2	1	1.6
Asian	216	15.2	75	14.9	0	0.0	3	13.6	62	12.9	18	21.4	27	21.6	2	3.2
MELAA	18	1.3	5	1.0	0	0.0	1	4.5	5	1.0	3	3.6	0	0.0	0	0.0
European	724	50.9	276	54.9	10	76.9	15	68.2	198	41.2	43	51.2	55	44.0	57	91.9

# ENDOMETRIAL CANCER IN WĀHINE UNDER 45

263 Women under 45 over 8 years

2-3 per month

Mean age 37.9 (21-45)

93.9% Endometrioid type

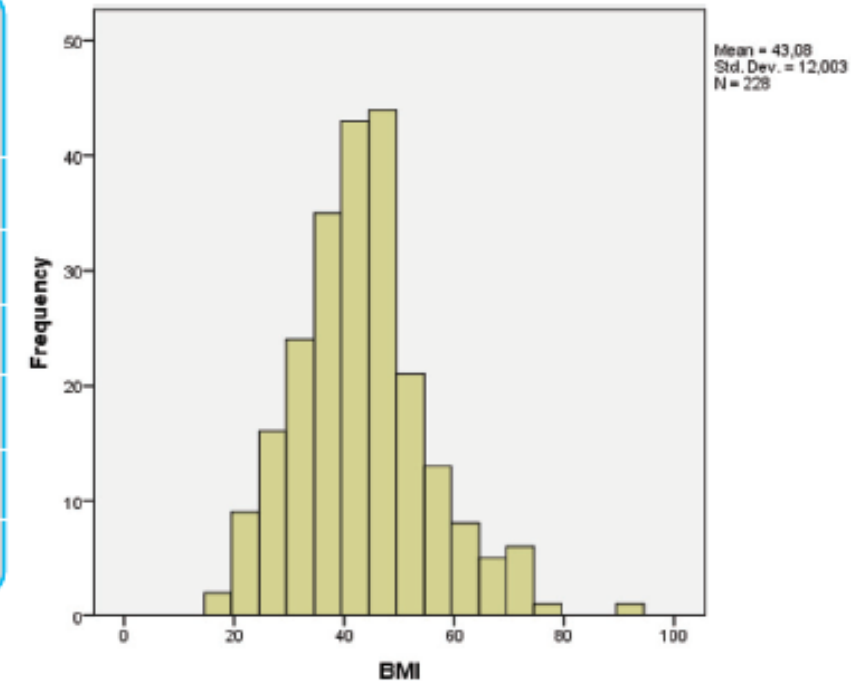
Conservation of ovaries

**Table 1. Ethnicity**

Ethnicity	Number* (%)
Pacific Islander	125 (47.9)
Māori	49 (19.1)
(NZ) European	25 (9.8)
Asian	23 (9.0)
Cook Island Māori	16 (6.1)
Indian	12 (4.7)
Other	2 (0.8)

\* 11 missings

**Figure 1. Body Mass Index of study population**





ELSEVIER

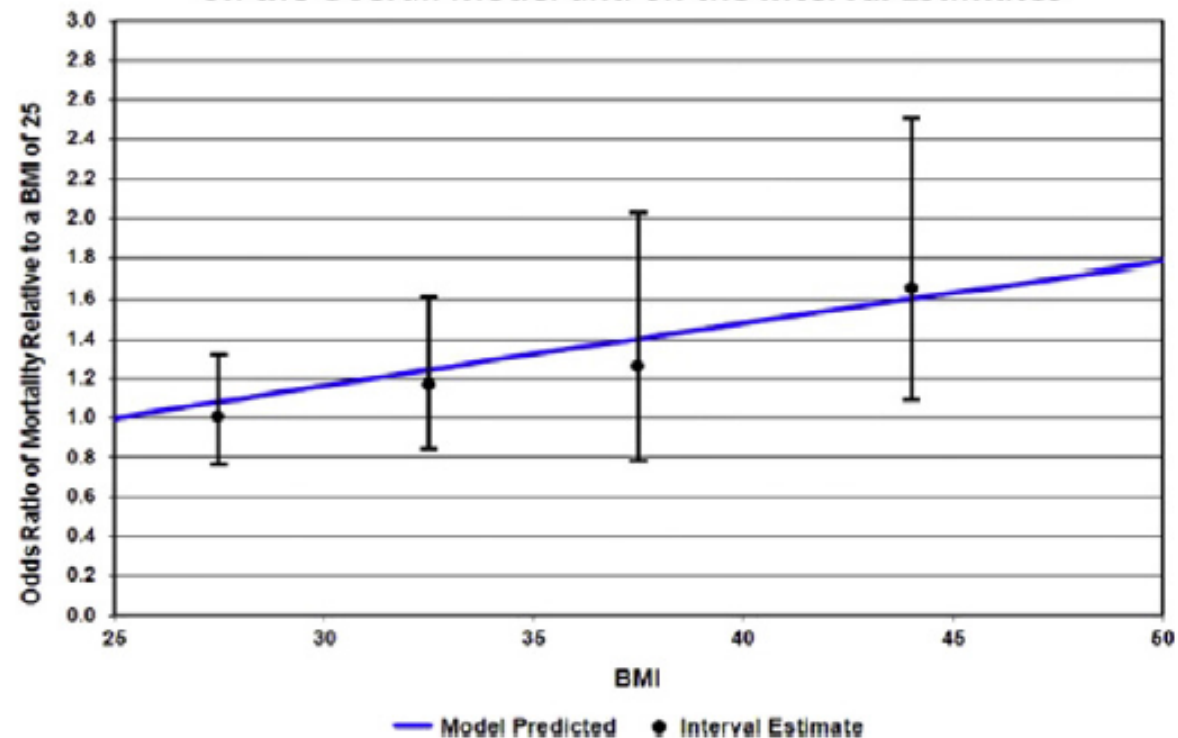


Review

**Body mass index and mortality in endometrial cancer: A systematic review and meta-analysis**Angeles Alvarez Secord <sup>a,\*</sup>, Vic Hasselblad <sup>b</sup>, Vivian E. Von Gruenigen <sup>c</sup>, Paola A. Gehrig <sup>d</sup>, Susan C. Modesitt <sup>e</sup>, Victoria Bae-Jump <sup>d</sup>, Laura J. Havrilesky <sup>a</sup>**Table 3**

Estimated odds ratio of all-cause mortality per 10% Increase in BMI.

Parameter	Estimate	Lower CI limit	Upper CI limit	p-Value
Per 10% increase in BMI	1.092	1.027	1.161	0.007
Extra variation ( $\sigma$ )	0.265	NA	NA	<0.0001


**Odds Ratio of Mortality Relative to a BMI of 25 Based on the Overall Model and on the Interval Estimates****Fig. 2.** The figure depicts the odds ratio of all-cause mortality relative to a BMI of 25 based on the overall model and on the interval estimates. The odds of all-cause mortality were significantly increased with increasing BMI.



# ANOTHER DAY AT THE OFFICE



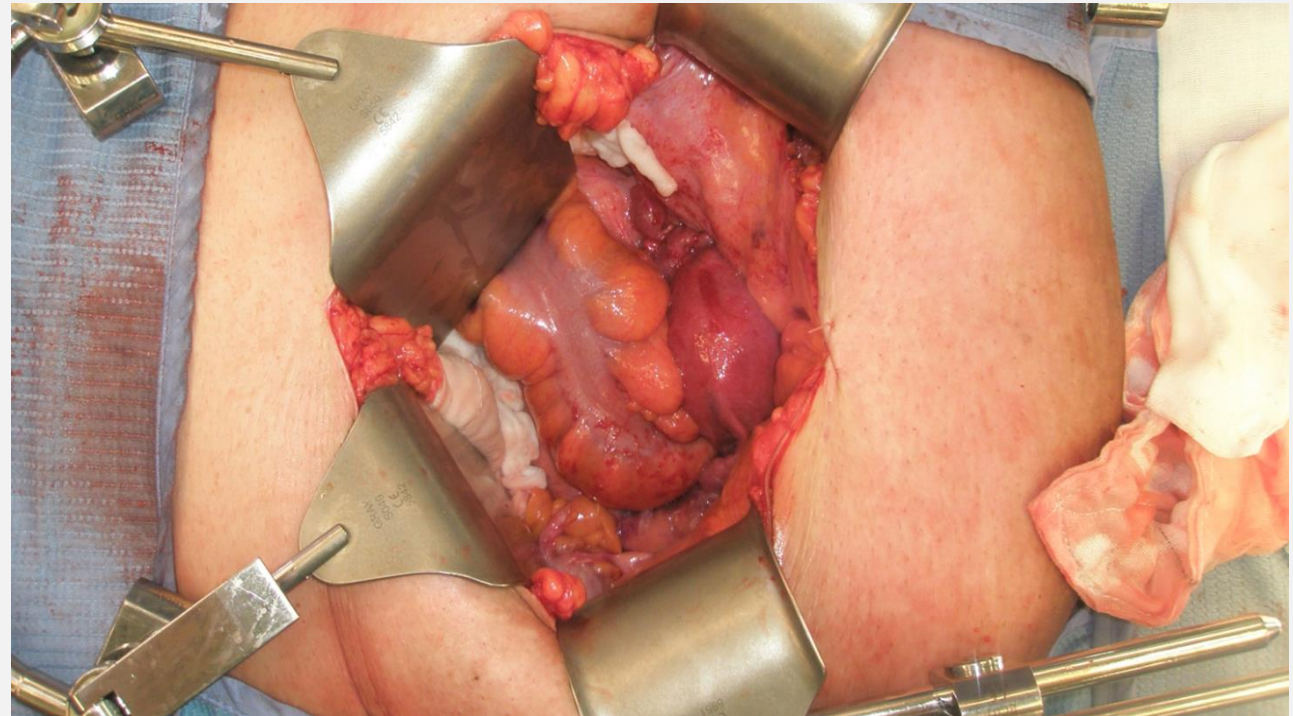
TH01 - Theatre List Run at 06:4  
Printed at 06:5

 **AUCKLAND**  
DISTRICT HEALTH BOARD  
*To Take You On*

8:30:00 Theatre Session: 2WK2A9OR03D Session Surgeon: O  
6:30:00

Operation Description	Clinical Information	Duration (mins)
Laparotomy + pelvic clearance + staging	BMI 67, T2DM, HTN, asthma, ?OSA, CVA 2008 (ASA 4)	210
Staging laparoscopy + biopsies	BMI 51, bilateral TKJR, partial Lt mastectomy (ASA 2)	130
TLH/BSO/washings/nodes	BMI 44, T2DM, HTN (ASA 3)	160

# OBESITY OPEN SURGERY: MORE KIT, MORE TIME.....





# CUSTOM MADE KIT



# MORE COMPLICATIONS?

**Table 2**  
Surgical complications and outcomes according to BMI groups.

Variables	BMI <30 kg/m <sup>2</sup> N = 249	BMI 30–39.9 kg/m <sup>2</sup> N = 195	BMI ≥40 kg/m <sup>2</sup> N = 70	Analysis P-value
<b>Overall complications</b>				
Yes	47 (18.9%)	57 (29.2%)	23 (32.9%)	0.010*
No	202 (81.1%)	138 (70.8%)	47 (67.1%)	
<b>Intra-operative complications</b>				
Yes	5 (2.0%)	1 (0.5%)	2 (2.9%)	0.197
No	244 (98.0%)	194 (99.5%)	68 (97.1%)	
<b>Individual complications</b>				
Bowel injury	2 (0.8%)	0 (0%)	0 (0%)	0.632
Bladder injury	0 (0%)	1 (0.5%)	0 (0%)	0.516
Ureter injury	0 (0%)	0 (0%)	1 (1.4%)	0.136
Vascular injury	1 (0.4%)	0 (0%)	0 (0%)	1.000
Other	2 (0.8%)	0 (0%)	1 (1.4%)	0.259
<b>Postoperative complications</b>				
Yes	44 (17.7%)	57 (29.2%)	22 (31.4%)	0.005*
No	205 (82.3%)	138 (70.3%)	48 (68.6%)	
<b>Clavien-Dindo grade</b>				
1	13 (30.2%)	4 (7.3%)	1 (4.5%)	0.021*
2	26 (60.5%)	43 (78.2%)	16 (72.7%)	
3	2 (4.7%)	4 (7.3%)	4 (18.2%)	
4	2 (4.7%)	4 (7.3%)	1 (4.5%)	



Review

The impact of BMI on surgical complications and outcomes in endometrial cancer surgery—An institutional study and systematic review of the literature



Frederique Bouwman<sup>a</sup>, Anke Smits<sup>b</sup>, Alberto Lopes<sup>b</sup>, Nagindra Das<sup>b</sup>, Adam Pollard<sup>c</sup>, Leon Massuger<sup>a</sup>, Ruud Bekkers<sup>a</sup>, Khadra Galaal<sup>b,\*</sup>

<sup>a</sup> Radboud UMC, Nijmegen, The Netherlands

<sup>b</sup> Royal Cornwall Hospital Trust, Truro, Cornwall, United Kingdom

<sup>c</sup> European Centre for the Environment and Human Health, University of Exeter Medical School, Truro, Cornwall, United Kingdom

**Table 2**  
Surgical complications and outcomes according to BMI groups.

Variables	BMI	BMI	BMI	Analysis
	<30 kg/m <sup>2</sup>	30–39.9 kg/m <sup>2</sup>	≥40 kg/m <sup>2</sup>	
	N = 249	N = 195	N = 70	P-value
Wound complication	7 (2.8%)	17 (8.7%)	11 (15.7%)	<0.001*
Laparoscopic	1 (0.4%)	1 (0.5%)	0 (0%)	0.811
Open	6 (2.4%)	16 (8.2%)	11 (15.7%)	<0.001*
Ileus	6 (2.4%)	1 (0.5%)	0 (0.0%)	0.176
Antibiotics use	26 (10.4%)	43 (22.1%)	17 (24.3%)	0.001*
Laparoscopic	7 (2.8%)	12 (6.2%)	3 (4.3%)	0.112
Open	17 (6.8%)	31 (15.9%)	13 (18.6%)	0.002*
Urinary tract infection	5 (2.0%)	5 (2.6%)	3 (4.3%)	0.499
Pneumonia	5 (2.0%)	7 (3.6%)	1 (1.4%)	0.623
Pelvic abscess	1 (0.4%)	1 (0.5%)	0 (0%)	1.000
Secondary haematoma	5 (2.0%)	4 (2.1%)	0 (0%)	0.728
Venous thrombo-embolism	3 (1.2%)	0 (0%)	0 (0%)	0.372
Sepsis	1 (0.4%)	1 (0.5%)	0 (0%)	1.000
Renal complication	1 (0.4%)	1 (0.5%)	1 (1.4%)	0.523
Cardiac complication	3 (1.2%)	5 (2.6%)	1 (1.4%)	0.594
Organ failure	2 (0.8%)	4 (2.1%)	0 (0%)	0.430
Relaparotomy	3 (1.2%)	5 (2.6%)	2 (2.9%)	0.413
Other	17 (6.8%)	15 (7.7%)	5 (7.1%)	0.971
30-day mortality	1 (0.4%)	2 (1.0%)	0 (0%)	0.732
90-day mortality	3 (1.2%)	3 (1.5%)	0 (0%)	0.865
Other operative outcomes				
Conversion to laparotomy	7 (5.6%)	16 (16.5%)	9 (21.4%)	0.006*
EBL, mean (SD)				
Laparoscopic	72 (75.7)	116 (110.6)	125 (92.6)	<0.001*
Open	267 (201.8)	290 (272.7)	258 (200.8)	0.901
Transfusion (intra- & post-op)				0.768
Yes	6 (2.4%)	7 (3.6%)	2 (2.9%)	
No	243 (97.6%)	188 (96.4%)	68 (97.1%)	
Hospital stay Mean (SD)	5.1 (3.8)	4.7 (2.5)	4.7 (3.3)	0.722





## Impact of body mass index and operative approach on surgical morbidity and costs in women with endometrial carcinoma and hyperplasia



Rudy S. Suidan<sup>a</sup>, Weiguo He<sup>b</sup>, Charlotte C. Sun<sup>a</sup>, Hui Zhao<sup>b</sup>, Nicole D. Fleming<sup>a</sup>, Pedro T. Ramirez<sup>a</sup>, Pamela T. Soliman<sup>a</sup>, Shannon N. Westin<sup>a</sup>, Karen H. Lu<sup>a</sup>, Sharon H. Giordano<sup>b</sup>, Larissa A. Meyer<sup>a,\*</sup>

<sup>a</sup> Department of Gynecologic Oncology and Reproductive Medicine, Division of Surgery, The University of Texas MD Anderson Cancer Center, Houston, TX, United States

<sup>b</sup> Department of Health Services Research, The University of Texas MD Anderson Cancer Center, Houston, TX, United States

Complications associated with increasing BMI and open surgery  
Mainly Wound infections and VTE

Uncomplicated MIS cheaper than open

Complications are more expensive with higher BMI and open surgery

**Table 4**  
30-day total costs stratified by body mass index and surgical approach.

Body mass index (Kg/m <sup>2</sup> )	All patients		Open abdominal surgery		Minimally invasive surgery		Cost difference Median	p
	Median	IQR	Median	IQR	Median	IQR		
≤29	\$16,555	\$11,123–\$24,983	\$19,345	\$13,287–\$26,333	\$14,976	\$9942–\$22,663	\$4369	<0.001
30–39	\$16,775	\$10,873–\$24,920	\$18,864	\$12,094–\$26,715	\$16,088	\$10,218–\$23,501	\$2776	0.01
≥40	\$17,302	\$11,202–\$26,243	\$21,649	\$13,893–\$30,277	\$14,882	\$10,215–\$23,456	\$6767	<0.001
Overall	\$16,785	\$11,049–\$25,450	\$19,770	\$13,207–\$27,452	\$15,377	\$10,128–\$23,403	\$4393	<0.001

**Table 5**  
Impact of complications on 30-day total costs.

Surgery type	Body mass index (Kg/m <sup>2</sup> )	Complication		No complication		Cost difference Median	p
		Median	IQR	Median	IQR		
All patients	≤29	\$26,350	\$14,858–38,982	\$15,564	\$9935–22,482	\$10,786	<0.001
	30–39	\$25,399	\$15,833–30,838	\$15,976	\$10,469–23,316	\$9423	<0.001
	≥40	\$27,251	\$15,591–43,777	\$14,999	\$10,208–22,817	\$12,252	<0.001
	Total	\$26,361	\$15,544–38,131	\$15,384	\$11,761–23,436	\$10,737	<0.001
Open abdominal surgery	≤29	\$27,151	\$17,927–48,499	\$17,215	\$10,056–21,989	\$9936	<0.001
	30–39	\$26,776	\$19,773–36,511	\$15,794	\$12,418–24,156	\$10,982	<0.001
	≥40	\$29,545	\$20,085–44,578	\$17,060	\$11,375–23,182	\$12,485	<0.001
	Total	\$27,745	\$19,131–41,095	\$16,427	\$9619–22,019	\$11,318	<0.001
Minimally invasive surgery	≤29	\$21,035	\$12,528–35,763	\$14,574	\$9701–22,627	\$6461	0.004
	30–39	\$18,518	\$14,016–27,866	\$15,976	\$9493–22,154	\$2542	0.04
	≥40	\$18,471	\$14,401–39,725	\$13,819	\$9609–22,269	\$4652	0.003
	Total	\$19,961	\$13,774–32,476	\$15,036	\$9935–22,482	\$4925	<0.001

IQR, interquartile range.

# ENDOMETRIAL CANCER, LAPAROSCOPIC SURGERY AND OBESITY

- Move to TLH as default
- Home next morning
- 2019 Formal protocol with anaesthesia
- 2020 Move to sentinel nodes
- 2022 75% TLH (BMI 20 – 82)

## ADHB Guideline for Enhanced Recovery for Major Gynaecological Oncology Minimally Invasive Surgery

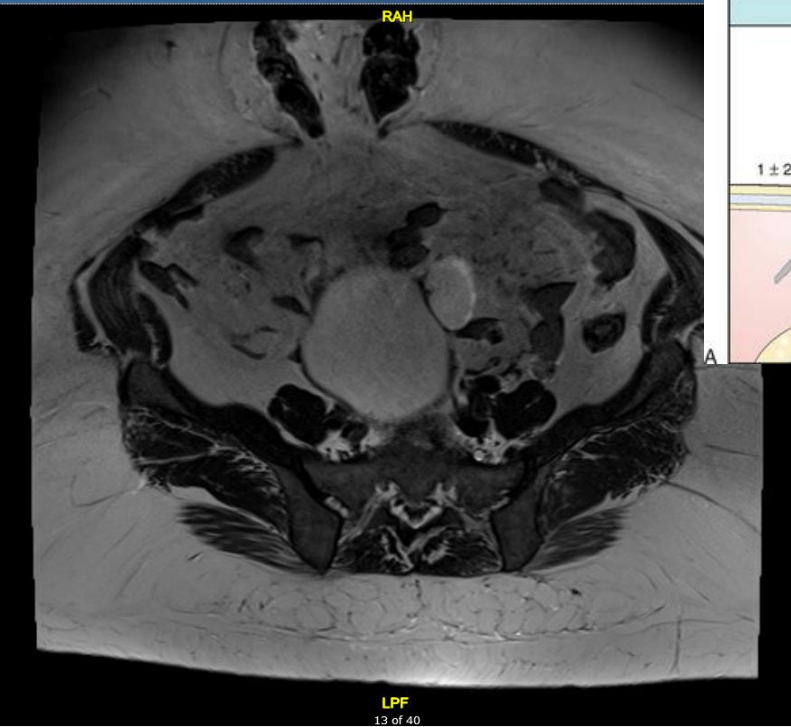
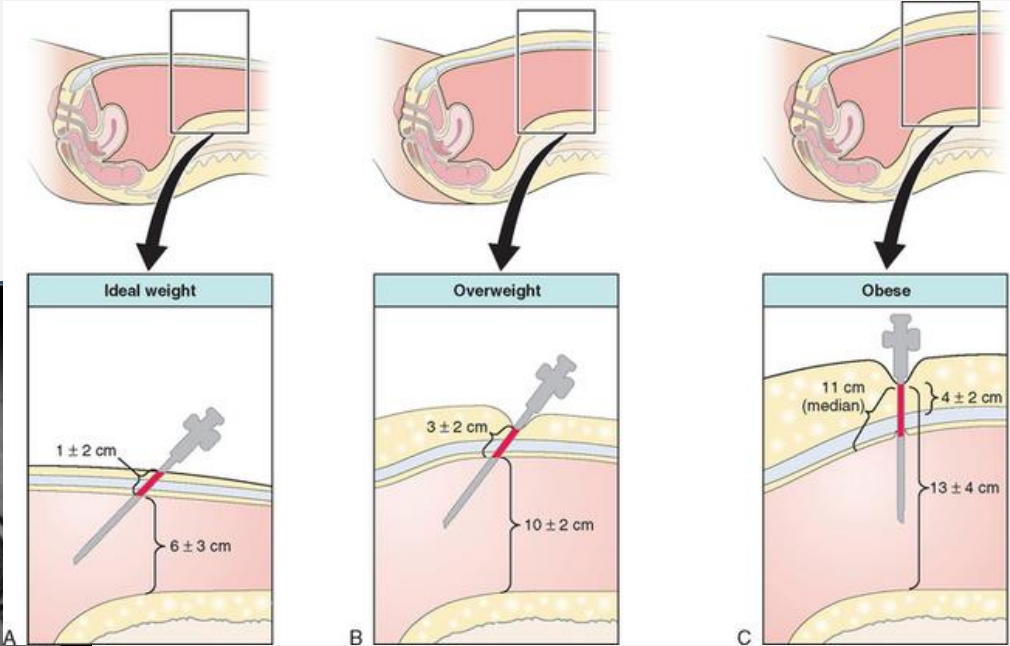
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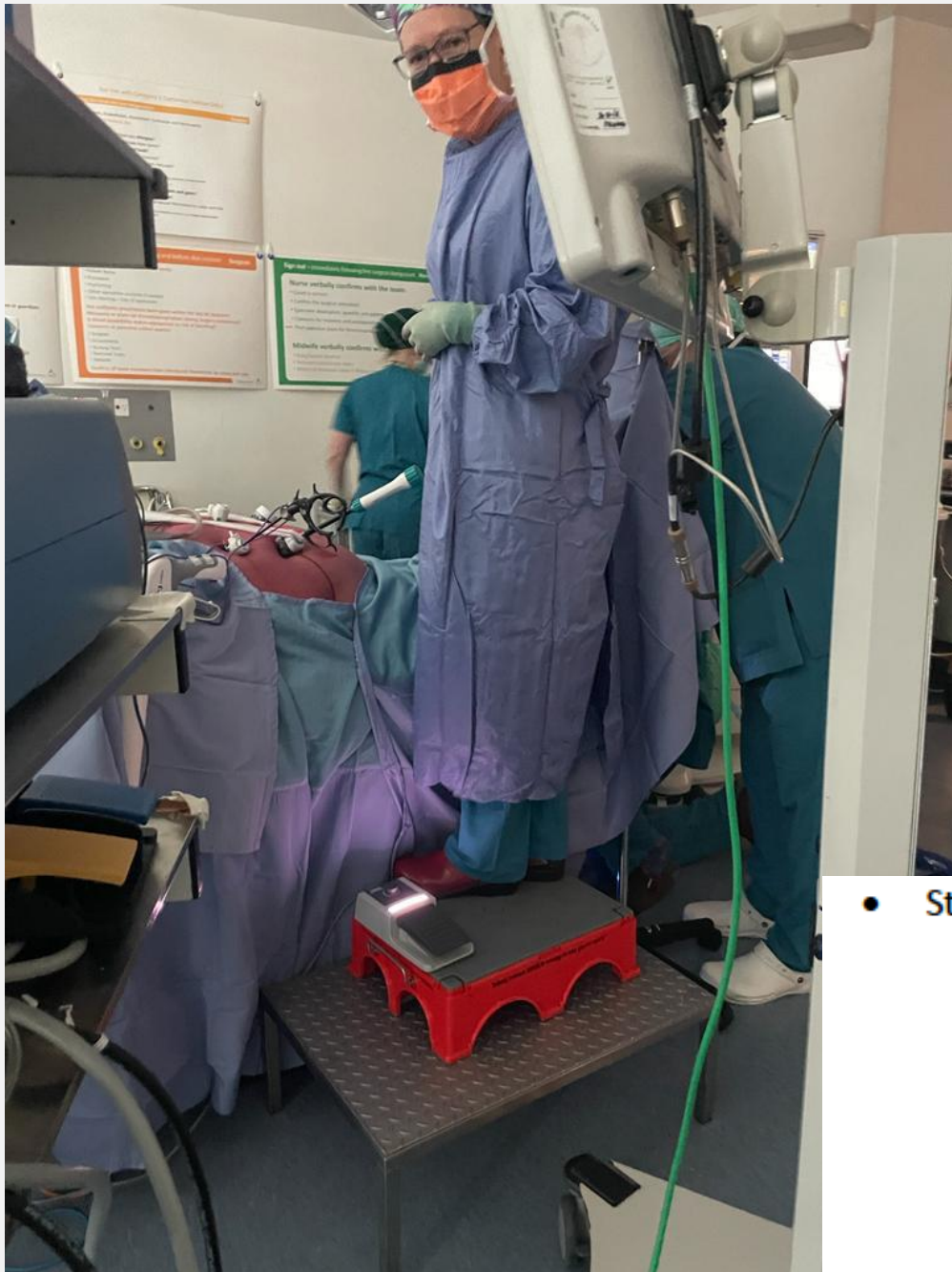
### 4.4 Anaesthesia

- CHO loading 2 hours prior to anaesthesia [7-9]
- No routine epidural or spinal [11-13]
- Work with the surgeon to achieve adequate head-down tilt sufficient for bowel retraction from the pelvis. Parameters to work within are airway pressures <30cmH<sub>2</sub>O, rising and difficult to control CO<sub>2</sub> and hypoxaemia[14]
- Multimodal analgesia
  - IV lignocaine infusion as per protocol [15]
    - Fixed rate infusion between 6-12 mls/hour for 12 hours in total then ceased.
    - Improves gut function with less ileus
    - Reduces nausea and vomiting
    - There is growing evidence of benefit in preventing cancer recurrence [16]
    - Opioid sparing approach
- No routine PCA [17, 18]



# ENTRY DIFFICULTIES





## GETTING THAT VIEW.....

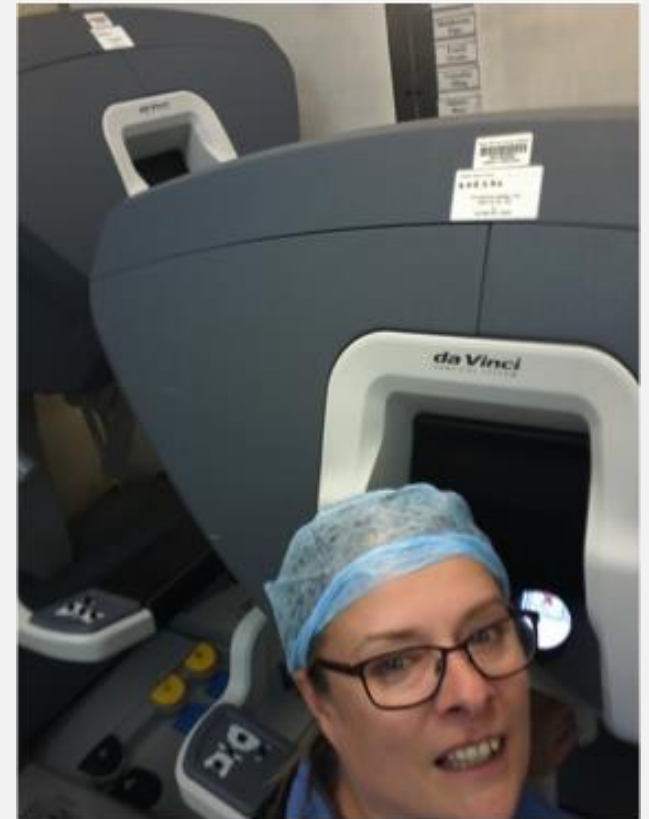


- Steep Trendelenburg is the optimal position for gynaecological MIS [14]
  - 20 - 30 degrees of Trendelenburg is required in most cases to sufficiently retract bowel from the pelvis and efforts should be made to maintain optimal positioning.
  - Steep Trendelenburg may not be possible for all patients and difficult cases should be discussed between surgeon and anaesthetist.
  - A tiltometer should be used to measure incline for head down



## ASSOCIATED WITH OBESITY..

- Increased post operative complications
- Decreased overall but not disease specific survival
- Increased costs, particularly if complications
- Increased use of resources
- More complications and costs in open surgery than MIS
- Surgeon and anaesthetist pain
- Robotics may save my back... but we don't have one



# Sentinel nodes for endometrial cancer



## A comparison of sentinel lymph node biopsy to lymphadenectomy for endometrial cancer staging (FIRES trial): a multicentre, prospective, cohort study

Emma C Rossi, Lynn D Kowalski, Jennifer Scalici, Leigh Cantrell, Kevin Schuler, Rabbie K Hanna, Michael Method, Melissa Ade, Anastasia Ivanova, John F Boggess

*Lancet Oncol* 2017; 18: 384-92

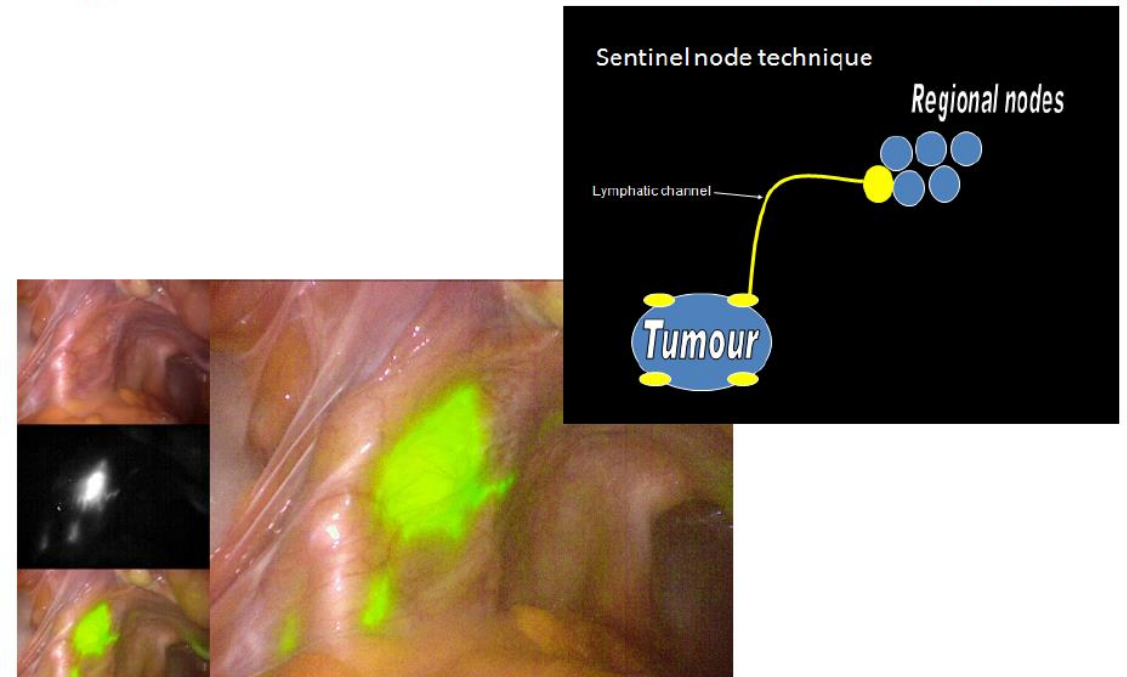
**Interpretation** Sentinel lymph nodes identified with indocyanine green have a high degree of diagnostic accuracy in detecting endometrial cancer metastases and can safely replace lymphadenectomy in the staging of endometrial cancer. Sentinel lymph node biopsy will not identify metastases in 3% of patients with node-positive disease, but has the potential to expose fewer patients to the morbidity of a complete lymphadenectomy.

ICG injection to cervix  
Infrared laparoscopy

Less morbidity  
Less operating time

## CHANGE IN PRACTICE

### High risk endometrial cancer: Nodal staging

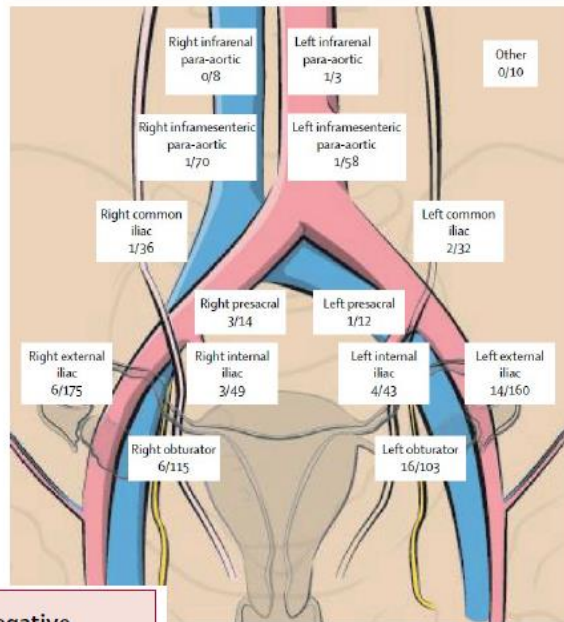


# CHANGING PRACTICE ~~2018~~ 2020

	Patients (n=340)
Pelvic lymphadenectomy	340 (100%)
Pelvic and para-aortic lymphadenectomy	196 (58%)
Successful mapping of sentinel lymph nodes	293 (86%)
Bilateral mapping	177 (52%)
Para-aortic sentinel lymph node detected	81 (23%)
Isolated para-aortic sentinel lymph node detected	3 (<1%)
Median number of sentinel lymph nodes removed	2 (0-20)
Mean number of total nodes removed	19 (10-3; 1-61)

Data are n (%), median (range), or mean (SD; range).

**Table 2: Surgical results in patients who had pelvic lymphadenectomy**

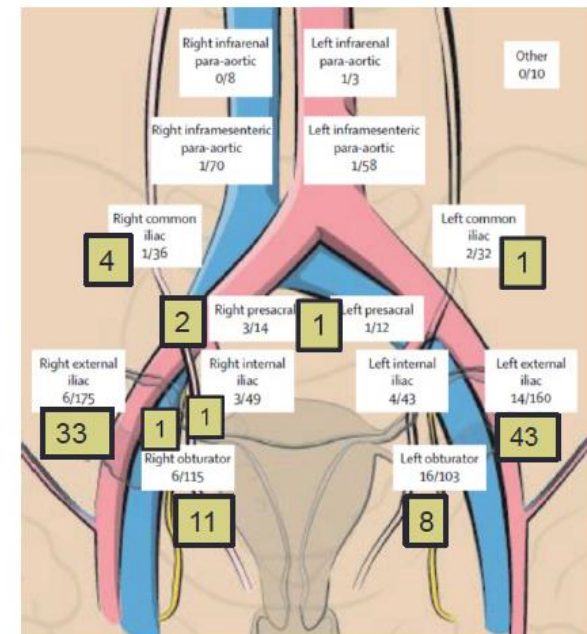


	True positive nodes	True negative nodes
Positive sentinel lymph node	35	0
Negative sentinel lymph node	1	257

**Table 3: Sensitivity and specificity data**

## Sentinel nodes for EC... the first 40

- 39 endometrium
- 1 cervix
- 80 hemi pelvis mappings
- 102 nodes
- 9 not mapped (1 bilateral) = 11.3% failure rate
- FIRES: 14% unsuccessful mapping
- No adverse events

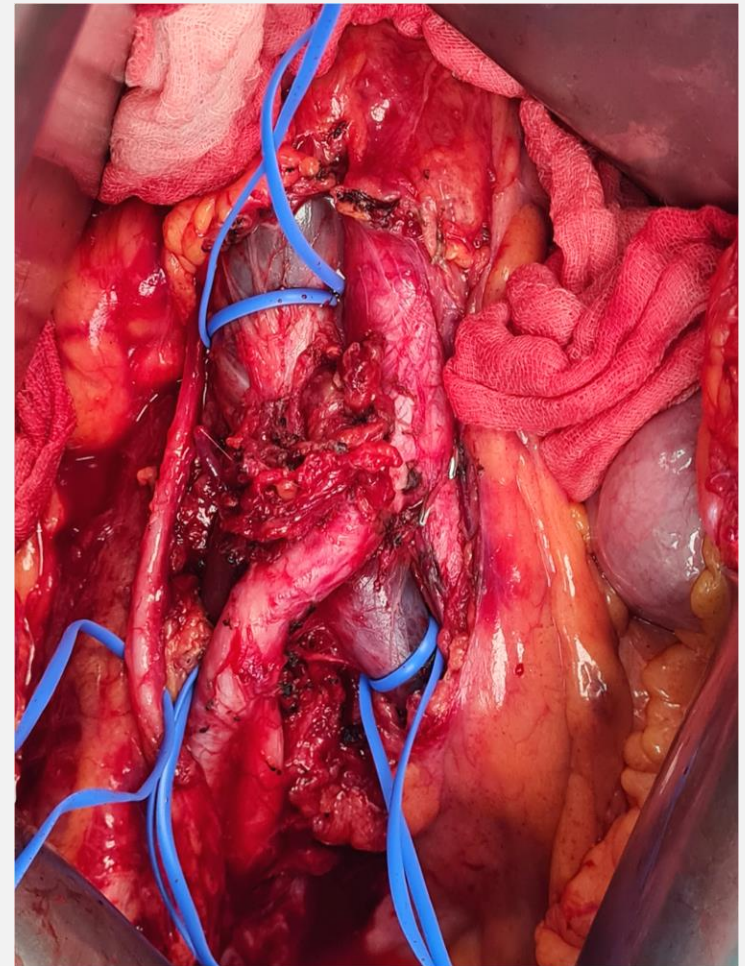
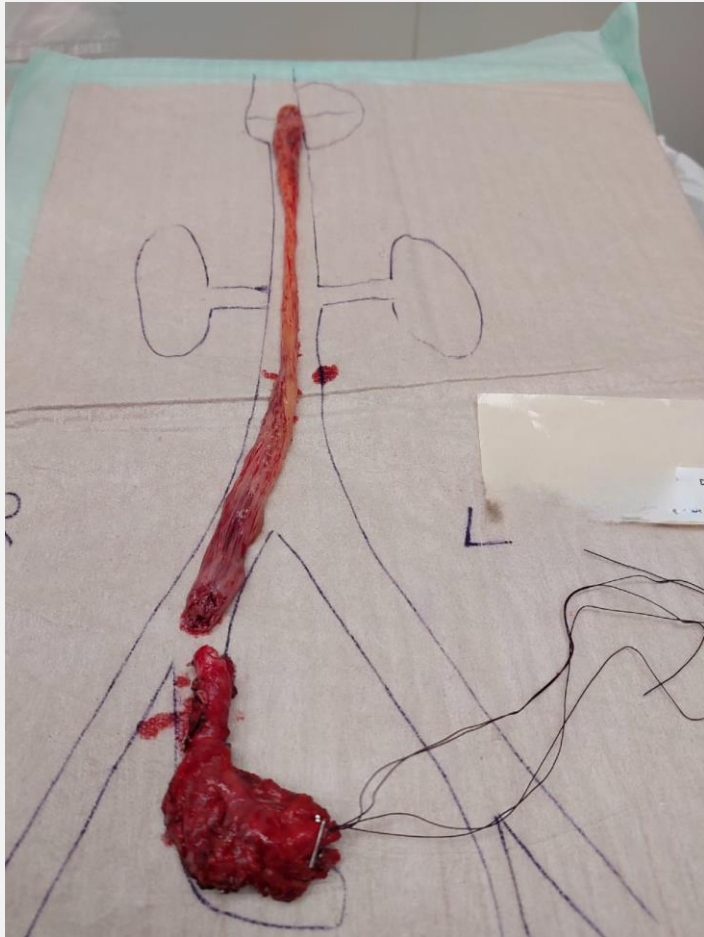




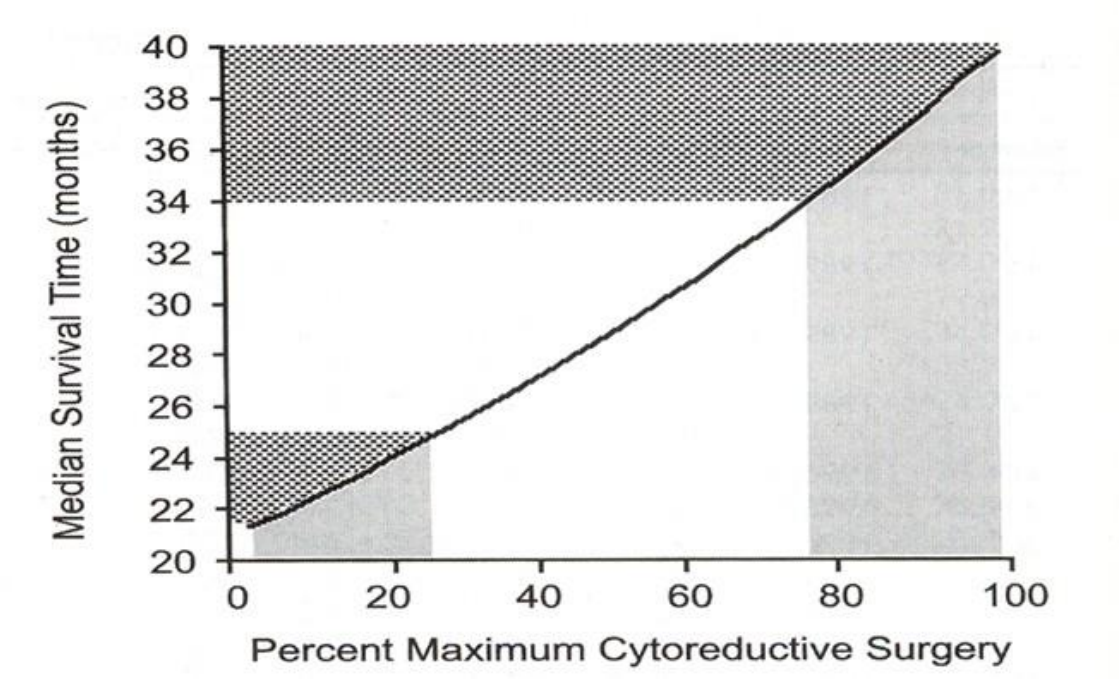
## SURGICAL CHANGES IN PAST DECADE

- More MIS... except for cervix
- Sentinel nodes for vulval and endometrial cancer
- More radical surgery for ovarian cancer
- More reconstructive surgery for vulval cancer
- More recurrence and exenterative procedures

# 21<sup>ST</sup> CENTURY GYN ONC...GOING BEYOND THE PELVIS



# TUBO-OVARIAN CANCER: THE PAST 20 YEARS



Journal of Clinical Oncology®  
An American Society of Clinical Oncology Journal

ORIGINAL REPORTS | March 01, 2002



## Survival Effect of Maximal Cytoreductive Surgery for Advanced Ovarian Carcinoma During the Platinum Era: A Meta-Analysis

Authors: Robert E. Bristow, Rafael S. Tomacruz, Deborah K. Armstrong, Edward L. Trimble, and F. J. Montz | [AUTHORS INFO & AFFILIATIONS](#)

Publication: Journal of Clinical Oncology • Volume 20, Number 5 • <https://doi.org/10.1200/JCO.2002.20.5.1248>

Median survival increases by 5.5%  
for every 10% increase in cytoreduction



# RECURRENT OVARIAN CANCER

## The NEW ENGLAND JOURNAL of MEDICINE

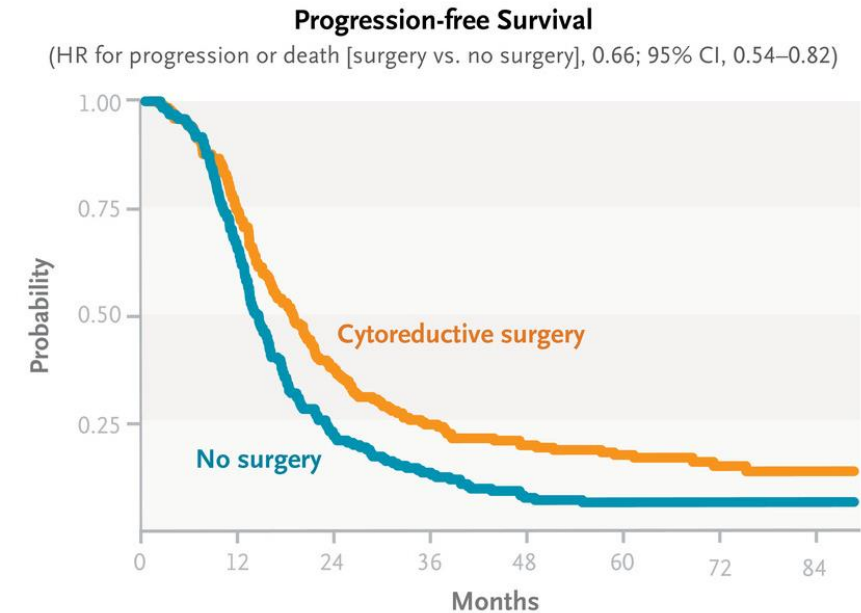
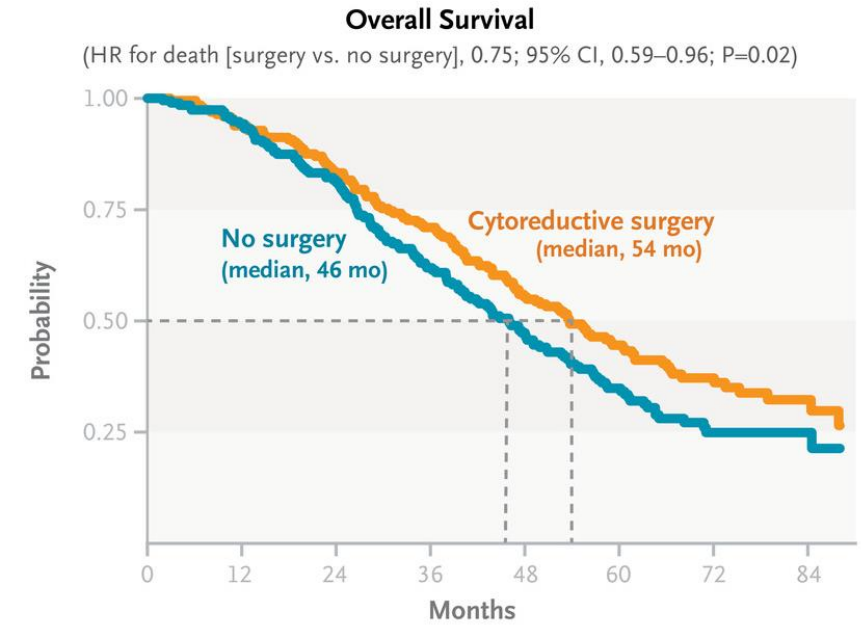
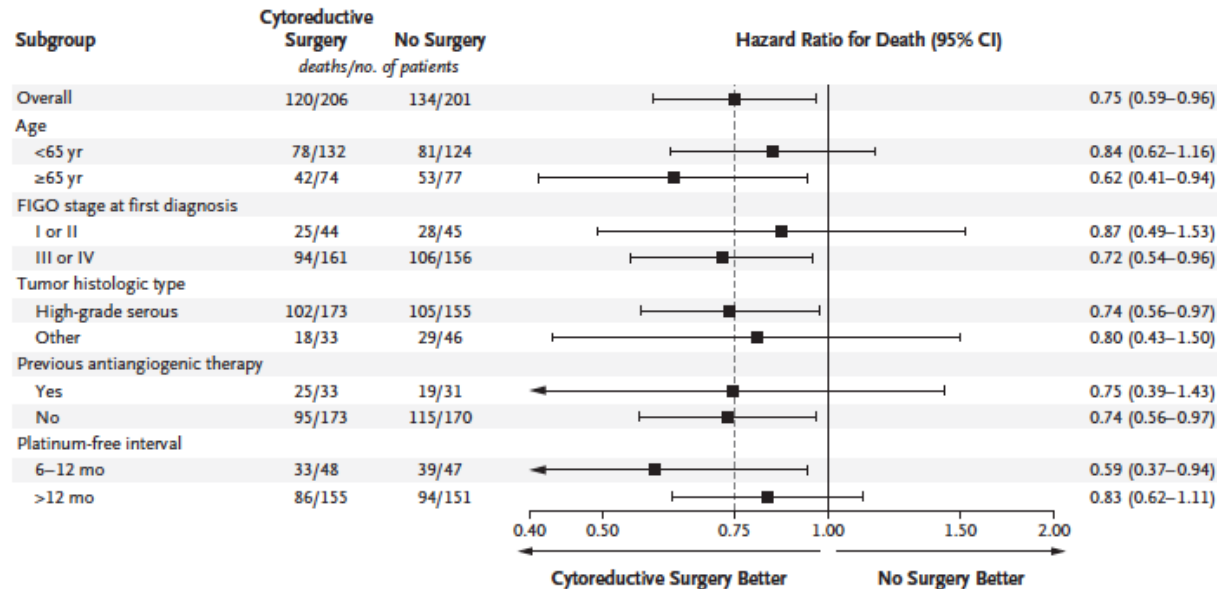
ESTABLISHED IN 1812

DECEMBER 2, 2021

VOL. 385 NO. 23

### Randomized Trial of Cytoreductive Surgery for Relapsed Ovarian Cancer

P. Harter, J. Sehouli, I. Vergote, G. Ferron, A. Reuss, W. Meier, S. Gregg, B.J. Mosgaard, F. Selle, F. Guyon, C. Pomel, F. Lécuru, R. Zang, E. Avall-Lundqvist, J.-W. Kim, J. Ponce, F. Raspagliesi, G. Kristensen, J.-M. Classe, P. Hillemanns, P. Jensen, A. Hasenburg, S. Ghaem-Maghani, M.R. Mirza, B. Lund, A. Reinthaller, A. Santaballa, A. Olaitan, F. Hilpert, and A. du Bois, for the DESKTOP III Investigators\*





# OVARIAN CANCER

Non specific symptoms

Late presentation: Stage 3 or 4

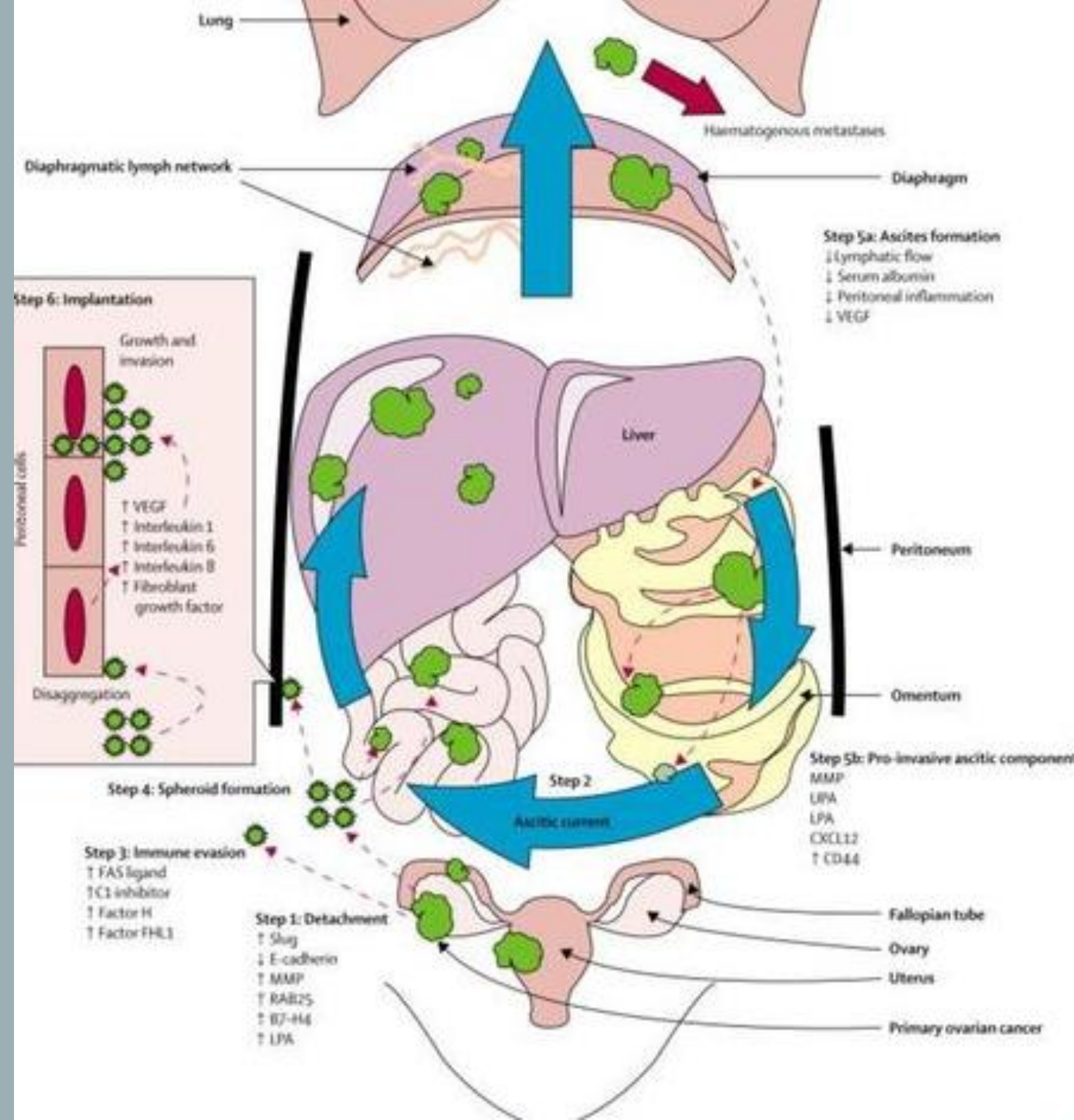
2022

65 early staged

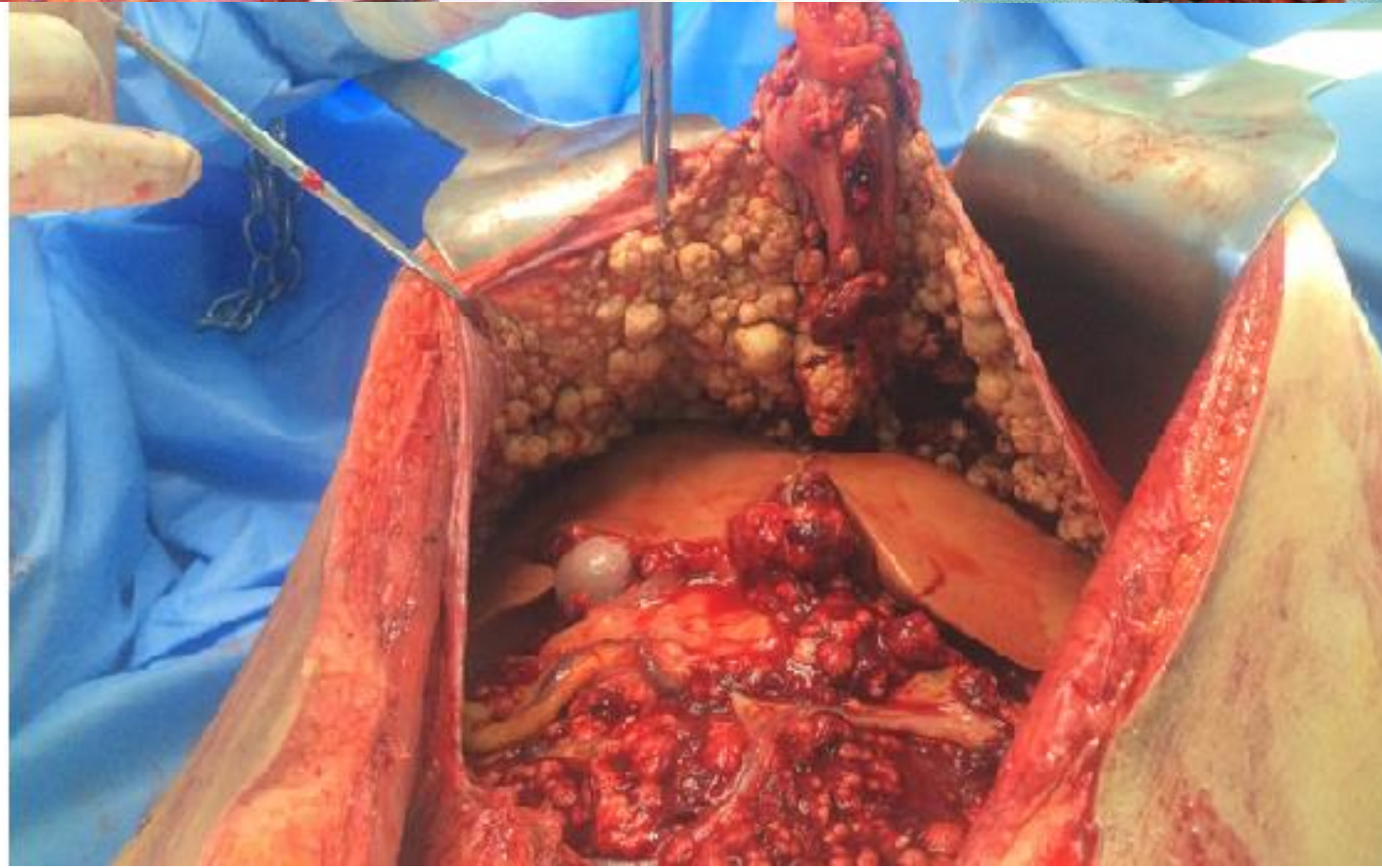
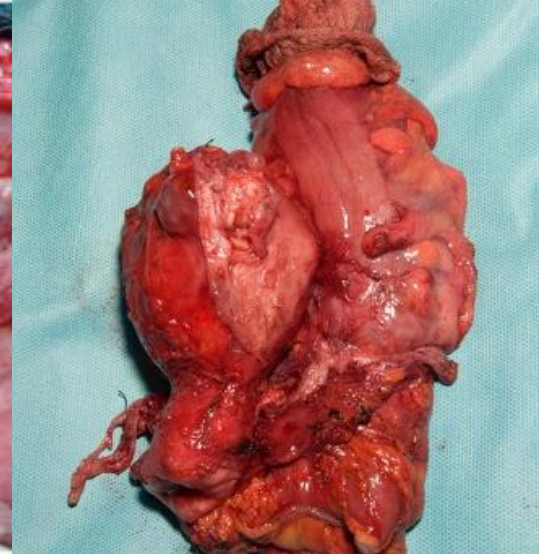
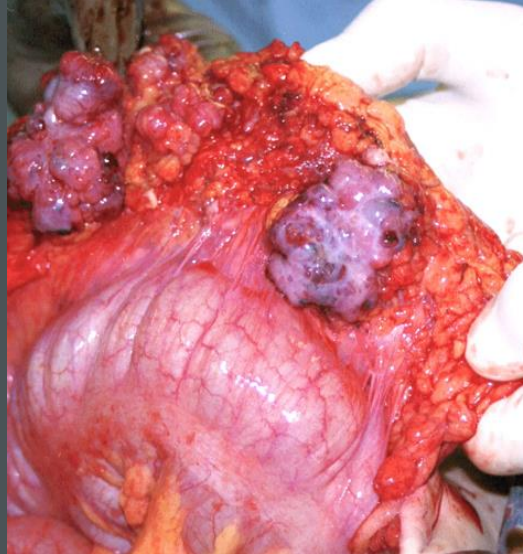
75 advanced operations

12 recurrent operations

30% stage 3/4 never get to surgery



# ADVANCED OVARIAN CANCER





# SURGICAL STRATEGY ADVANCED OVARIAN CANCER

PRIMARY  
DEBULKING  
SURGERY

6 CYCLES  
ADJUVANT  
CHEMOTHERAPY



NEOADJUVANT  
CHEMOTHERAPY  
3 CYCLES

INTERVAL  
DEBULKING  
SURGERY

NEOADJUVANT  
CHEMOTHERAPY  
3 CYCLES

# CYTOREDUCTION



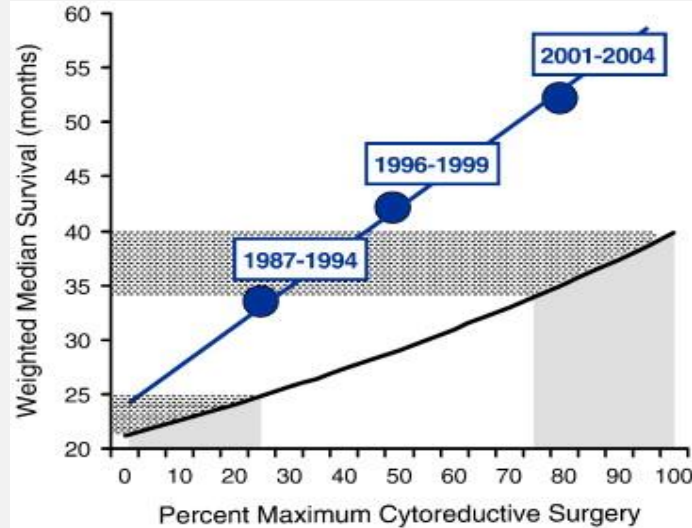
Gynecologic Oncology  
Volume 114, Issue 1, July 2009, Pages 26-31



## Improved progression-free and overall survival in advanced ovarian cancer as a result of a change in surgical paradigm



Dennis S. Chi<sup>a</sup>, Eric L. Eisenhauer<sup>a</sup>, Oliver Zivanovic<sup>a</sup>, Yukio Sonoda<sup>a</sup>, Nadeem R. Abu-Rustum<sup>a</sup>, Douglas A. Levine<sup>a</sup>, Matthew W. Guile<sup>b</sup>, Robert E. Bristow<sup>b</sup>, Carol Aghajanian<sup>c</sup>, Richard R. Barakat<sup>a</sup>



	1996-99	2001-4
Optimal cytoreduction	50%	80%
Median OS (months)	43	58
		P=0.004

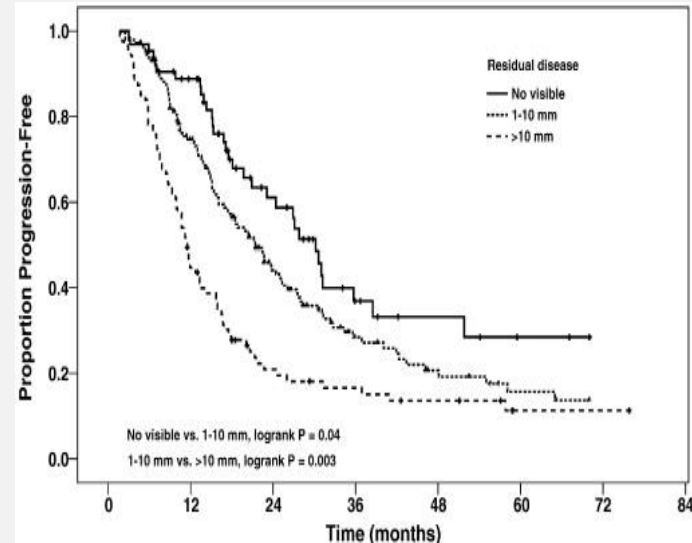


Gynecologic Oncology  
Volume 108, Issue 2, February 2008, Pages 276-281



## The effect of maximal surgical cytoreduction on sensitivity to platinum-taxane chemotherapy and subsequent survival in patients with advanced ovarian cancer

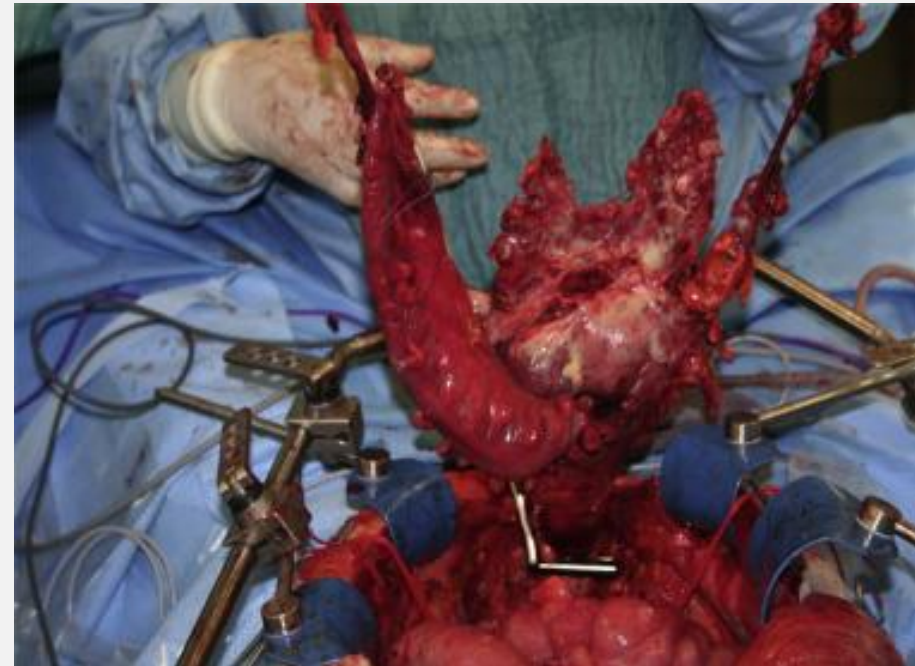
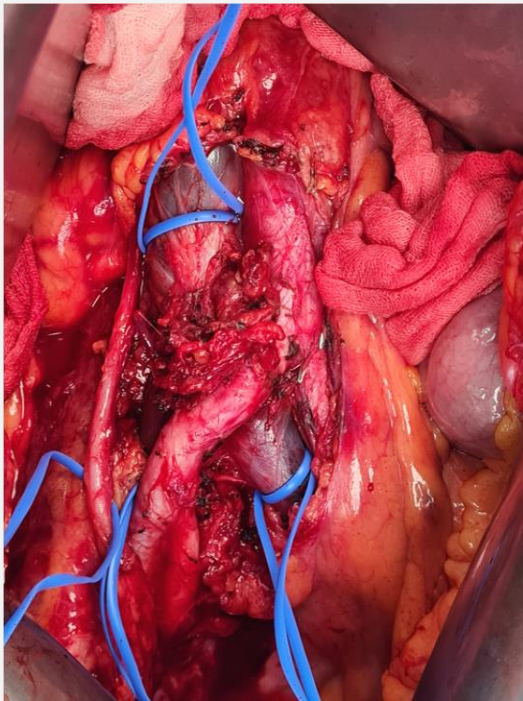
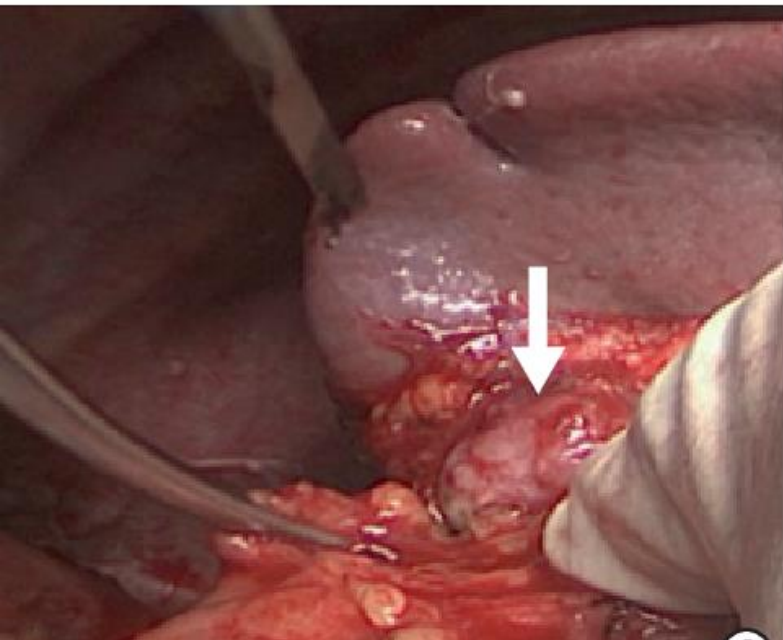
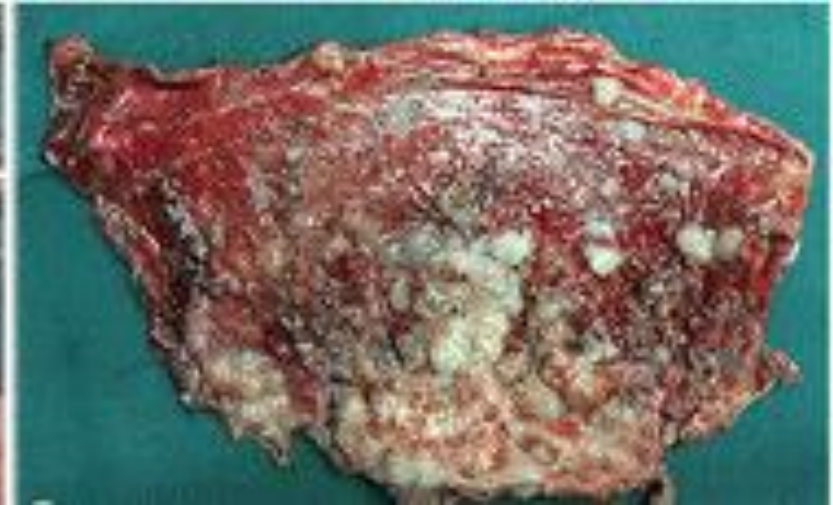
Eric L. Eisenhauer<sup>a</sup>, Nadeem R. Abu-Rustum<sup>a</sup>, Yukio Sonoda<sup>a</sup>, Carol Aghajanian<sup>b</sup>, Richard R. Barakat<sup>a</sup>, Dennis S. Chi<sup>a</sup>



Surgical Aim: R0  
No visible disease



# CHANGING OUR PRACTICE: RADICAL CYTOREDUCTION



# INCREASING THEATRE TIME

Te Whatu Ora  
Health New Zealand  
Te Toka Tumai Auckland

Theatre Suite

AKCH9

Theatre Event Specialty Desc

Gynaecological

Case Type

All

Surgeon

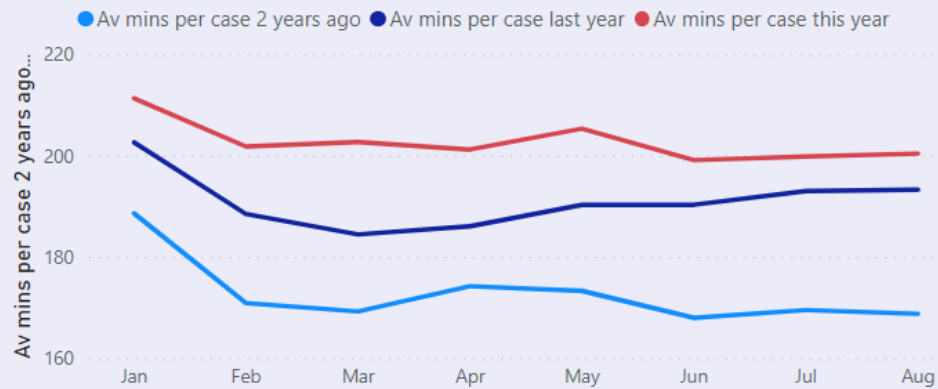
Multiple selections

Virtual The...

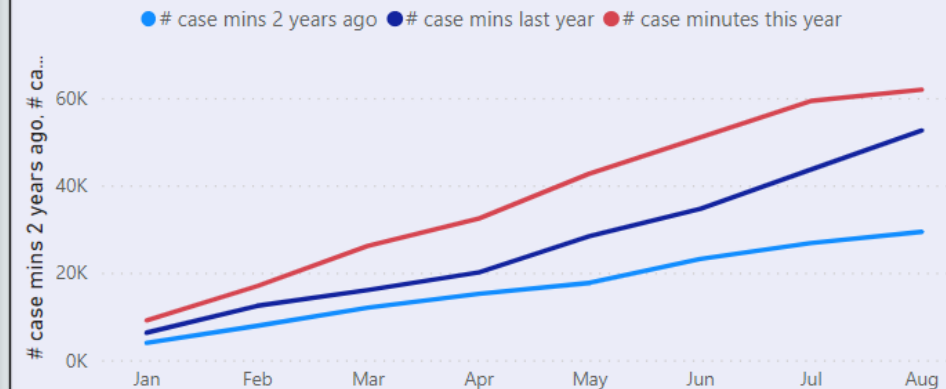
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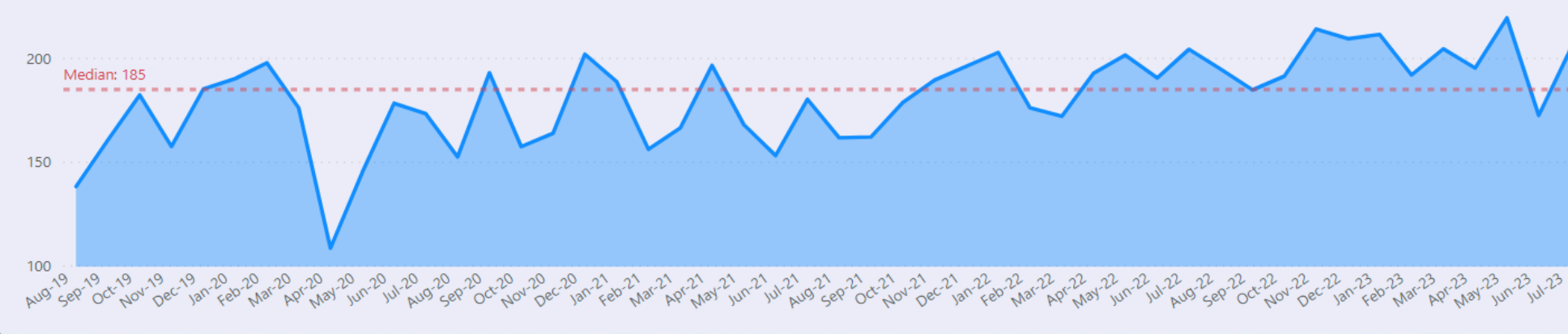
Rolling average minutes over time



Rolling case mins over time



Average mins per case in AKCH9 in Gynaecological for ages 15 to 97 for all consultants





# CAN WE PREDICT HOW LONG IT WILL TAKE?

**TABLE 2.** Studies using CT scan to predict surgical outcome

Study	Type	n	Age, yr*	Stage III/IV	RD, cm	OC, %	CA 125	Sens, %	Spec, %	PPV, %	NPV, %	Accuracy, %
Nelson et al <sup>42</sup>	Retro	42	61	81%	2	69	—	92	71	67	94	86
Meyer et al <sup>43</sup>	Retro	28	61	64%	2	57	—	58	100	100	55	79
Bristow et al <sup>46</sup>	Retro	41	67	Yes	1	49	—	100	85	87.5	100	93
Axtell et al <sup>47</sup>	Retro	65	—	Yes	1	78	—	79	75	—	—	77
Dowdy et al <sup>44</sup>	Retro	87	68	Yes	1	71	500	64	81	57	85	71
Byrom et al <sup>48</sup>	Retro	51	—	54%	2	51	250	88	98	95	—	73

\*Median age.

**TABLE 3.** Studies using laparoscopy to predict surgical outcome

Study	Type	n	Age, yr*	Stage III/IV	RD, cm	OC, %	Sens, %	Spec, %	PPV, %	NPV, %	Accuracy, %
Fagotti et al <sup>54</sup>	Prosp	113	59	Yes	1	50	—	—	100	60	93
Fagotti et al <sup>55</sup>	Prosp	64	57	Yes	1	55	30	100	100	70	75
Brun et al <sup>56</sup>	Retro	26	60	Yes	1	69	46	89	89	44	60
Angioli et al <sup>57</sup>	Prosp	87	58	Yes	0	96%	—	—	—	—	—
Deffieux et al <sup>58</sup>	Prosp	15	54	Yes	0	99%	—	—	—	—	—

\*Median age.

Prosp, prospective study.



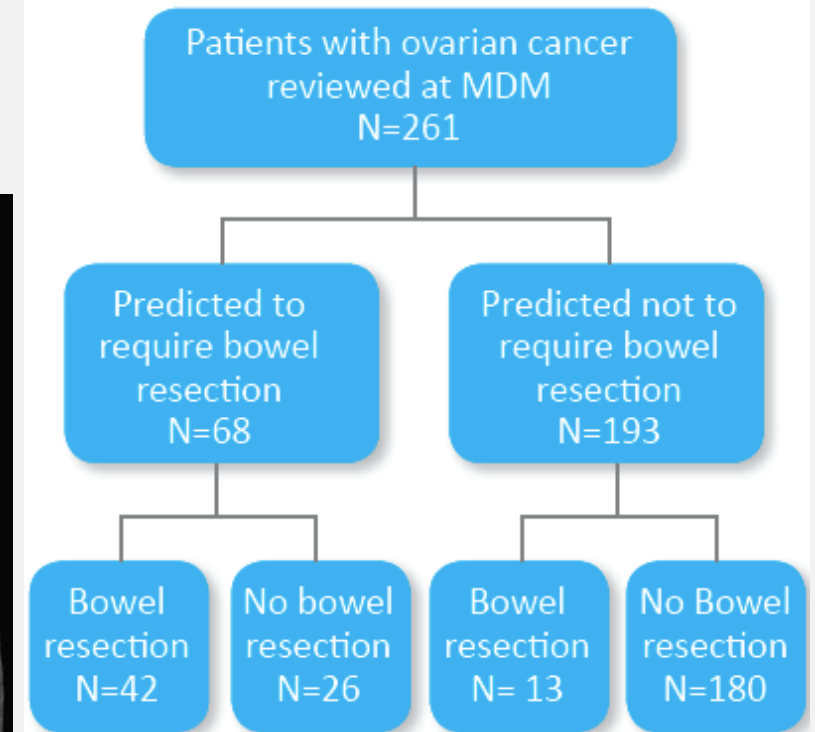
# PREDICTION BY IMAGING OF BOWEL RESECTIONS

Sensitivity and specificity for CT predictors of surgical findings.

CT finding	Surgical finding	Sensitivity % (n/N)	Specificity % (n/N)
Diaphragm (any involvement)	Same	48% (15/31)	100% (15/15)
Pleural effusion	Diaphragm	65% (20/31)	87% (13/15)
Ascites on 2/3 of images	Ascites	44% (16/36)	100% (10/10)
Any sigmoid involvement	Same	54% (21/39)	100% (7/7)
Omental cake	Same	72% (21/29)	65% (11/17)
Splenic involvement	Same	100% (1/1)	96% (43/45)
Surface liver	Same	100% (1/1)	93% (42/45)
DPT	Mesenteric disease	36% (13/36)	90% (9/10)
Sigmoid encasement	Same	55% (15/27)	100% (7/7)
Large bowel involvement	Same	29% (10/35)	91% (10/11)
Any liver (surface or parenchymal) disease	Parenchymal liver	100% (1/1)	94% (25/27)
DPT	Carcinomatosis	34% (13/38)	88% (7/8)

DPT, Diffuse peritoneal thickening

G. Glaser et al. / Gynecologic Oncology 130 (2013) 280–283



%	Sensitivity	Specificity	PPV	NPV
Prediction of Bowel Resection	76.36	87.34	61.8	93.3



# TE TOKA TUMAI CYTOREDUCTION RATES

**Table 11.17 Surgical debulking and bowel surgery at primary, interval and recurrence surgery for ovarian, fallopian tube and peritoneum cancer 2022**

	Total		Primary treatment				Interval debulking				Surgery for recurrence	
	N= 152		stage 1/2		stage 3/4		stage 1/2		stage 3/4		N= 12	
	n	%	n	%	n	%	n	%	n	%	n	%
<b>Residual disease</b>												
None	141	92.8	63	100.0	29	85.3	2	100	35	85.4	12	100
<1cm	7	4.6	0	0.0	2	5.9	0	0	5	12.2	0	0
≥1cm	4	2.6	0	0.0	3	8.8	0	0	1	2.4	0	0
<b>Bowel surgery</b>												
Yes	12	7.9	1	1.6	5	14.7	0	0	4	9.8	2	16.7
No	140	92.1	62	98.4	29	85.3	2	100	37	90.2	10	83.3

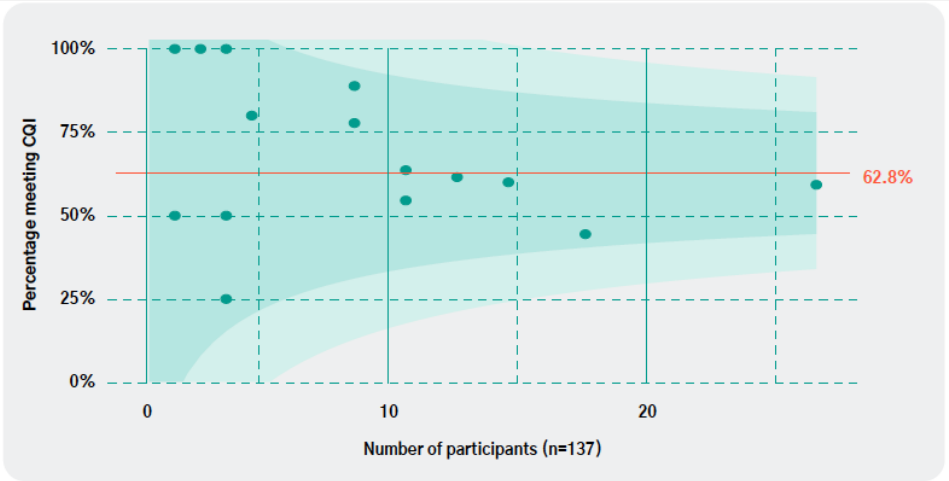


Figure 23: CQI #5a.  
Proportion of patients with advanced OTP cancer who undergo primary cytoreductive surgery who have no macroscopic residual cancer.

X

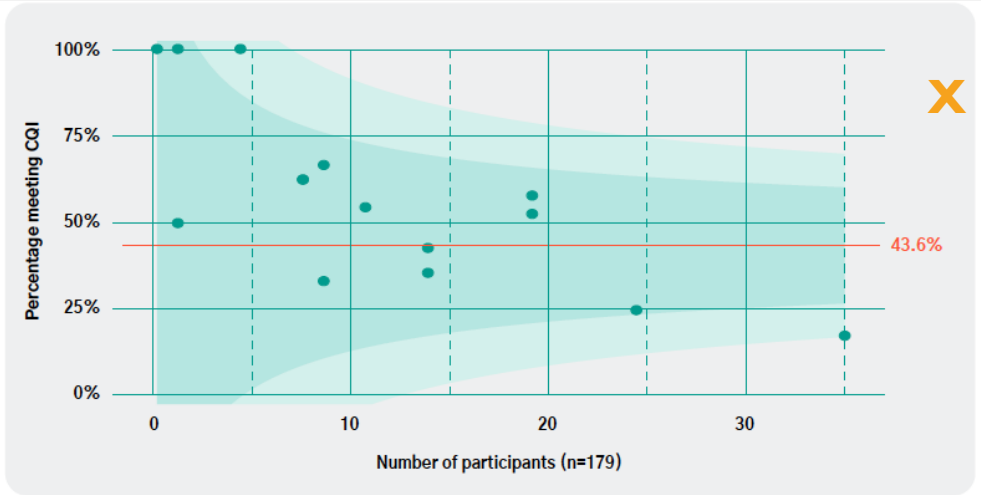


Figure 25: CQI #6a.  
Proportion of patients with advanced OTP cancer who undergo interval cytoreductive surgery who have no macroscopic residual cancer.

X

# COMPLICATIONS

**Table 11.19 Clinical outcomes/complications among inpatient surgeries with malignancy (n=surgeries) performed by the Gynaecological Oncology team by year (2015-2022)**

	Total 2015*		Total 2016*		Total 2017*		Total 2018*		Total 2019		Total 2020		Total 2021		Total 2022	
	N=321		N=386		N=375		N=422		N=429		N=413		N=400		N=399	
	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%
<b>Intra-operative complications</b>																
<b>Anaesthetic Complication</b>											2	0.5	2	0.5	2	0.5
>1000mls blood loss	20	6.2	18	4.7	13	3.5	22	5.2	13	3	24	5.8	32	8.0	35	8.8
Bowel injury	2	0.6	4	1	4	1.1	4	0.9	6	1.4	6	1.5	9	2.3	7	1.8
Bladder injury	1	0.3	5	1.3	5	1.3	6	1.4	2	0.5	1	0.2	2	0.5	5	1.3
Ureteric injury	1	0.3	1	0.3	2	0.5	1	0.2	1	0.2	1	0.2	0	0.0	4	1.0
Other	3	0.9	11	2.8	4	1.1	13	3.1	22	5.1	11	2.7	25	6.3	9	2.3
<b>Post-operative complications</b>																
Transfusion	45	14	49	12.7	42	11.2	76	18	51	11.9	58	14	76	19.0	92	23.1
Febrile morbidity	10	3.1	24	6.2	21	5.6	35	8.3	22	5.1	19	4.6	19	4.8	33	8.3
Wound infection	10	3.1	7	1.8	13	3.5	6	1.4	14	3.3	9	2.2	31	7.8	33	8.3
Thromboembolism	0		2	0.5	3	0.8	3	0.7	3	0.7	2	0.5	7	1.8	4	1.0
Cardiovascular	4	1.2	5	1.3	1	0.3	8	1.9	3	0.7	2	0.5	3	0.8	4	1.0
Gastro-intestinal	16	5	23	6	24	6.4	21	5	15	3.5	23	5.6	38	9.5	17	4.3
Urinary retention	22	6.9	26	6.7	21	5.6	27	6.4	30	7	17	4.1	15	3.8	17	4.3
Return to OT within 6 weeks	8	2.5	12	3.1	14	3.7	12	2.8	13	3	7	1.7	6	1.5	10	2.5
Readmission with complication within 6 weeks	17	5.3	43	11.1	38	10.1	38	9	34	7.9	35	8.5	39	9.8	42	10.5
Death	1	0.3	1	0.3	1	0.3	1	0.2	0		0		1	0.3	3	0.8

# EVOLUTION OF VULVAL CANCER SURGERY

Basset  
1912

- Vulvectomy combined with groin dissection

Taussig  
1940

- En bloc, later modified to 3 incisions

Way  
1948

- En bloc butterfly incision, groin and pelvic node dissection

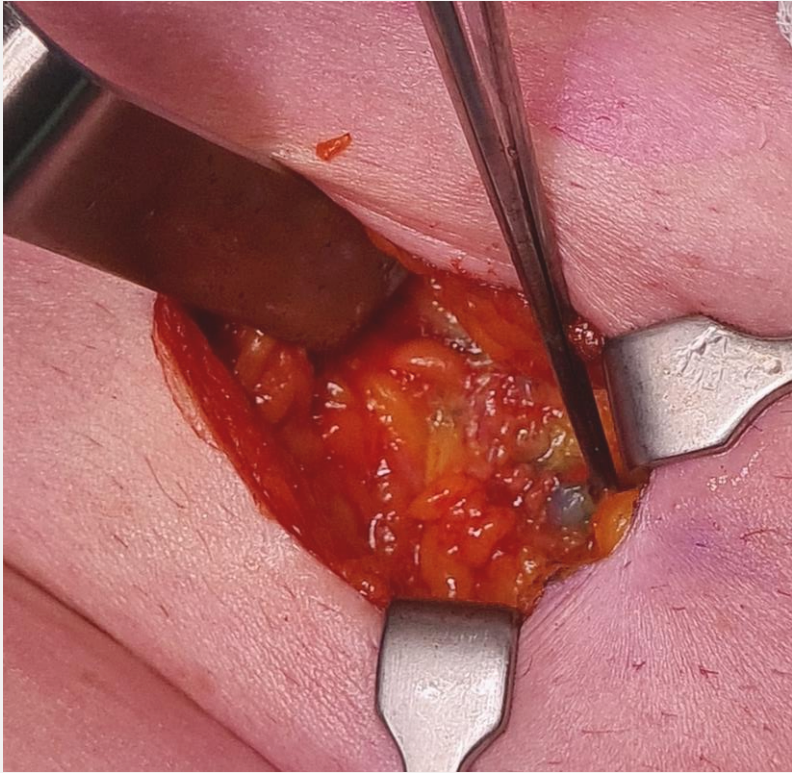
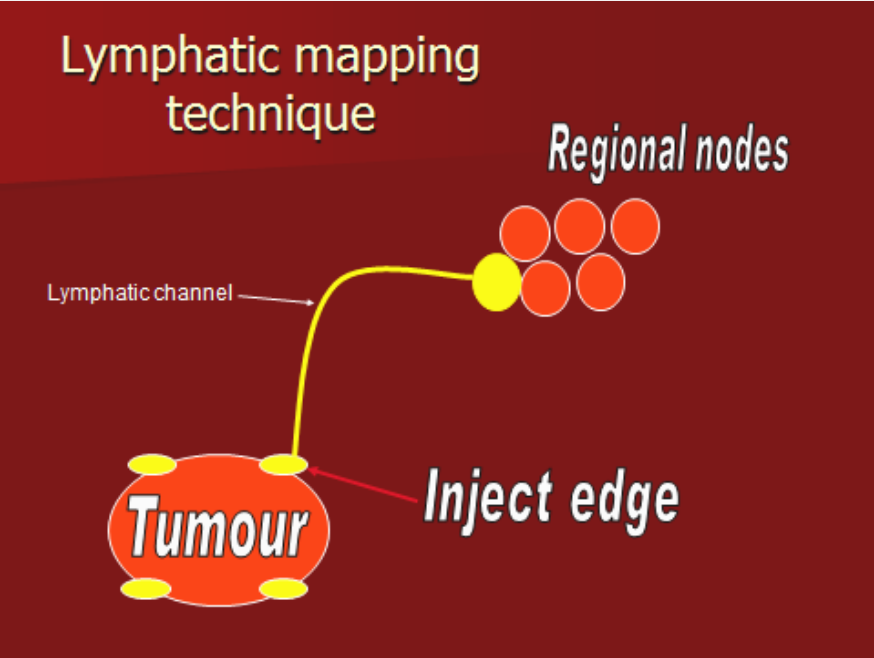
Hacker  
1981

- Triple incision modified radical vulvectomy BLGND
- Unilateral GND with lateralised tumour

Van der  
Zee 2008

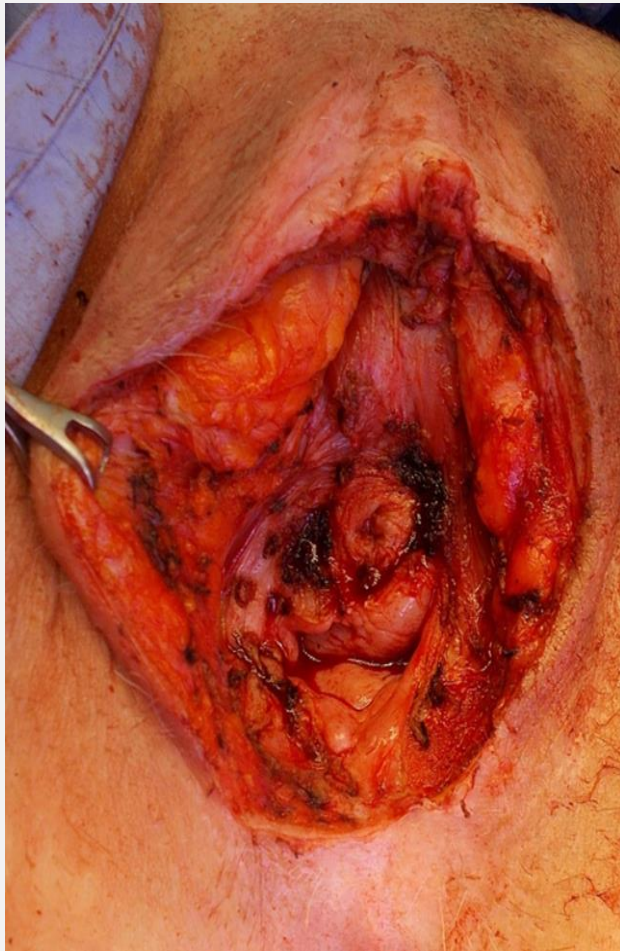
- Radical local excision with sentinel node

# SENTINEL NODE BIOPSY



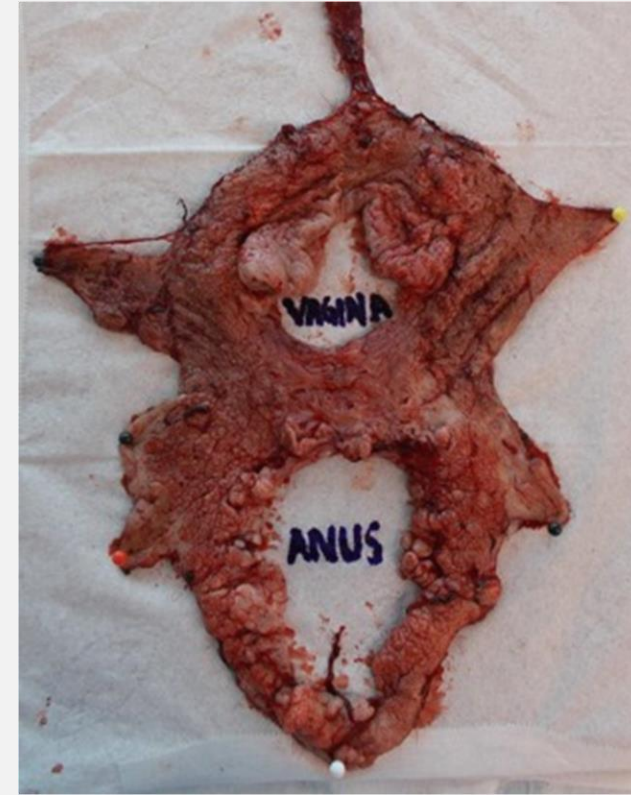
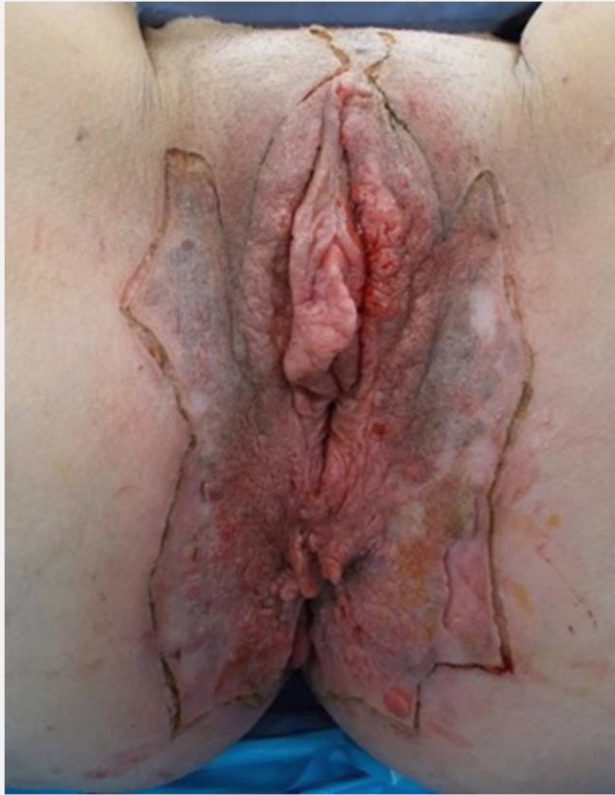


# VULVAL CANCER AND RECONSTRUCTION

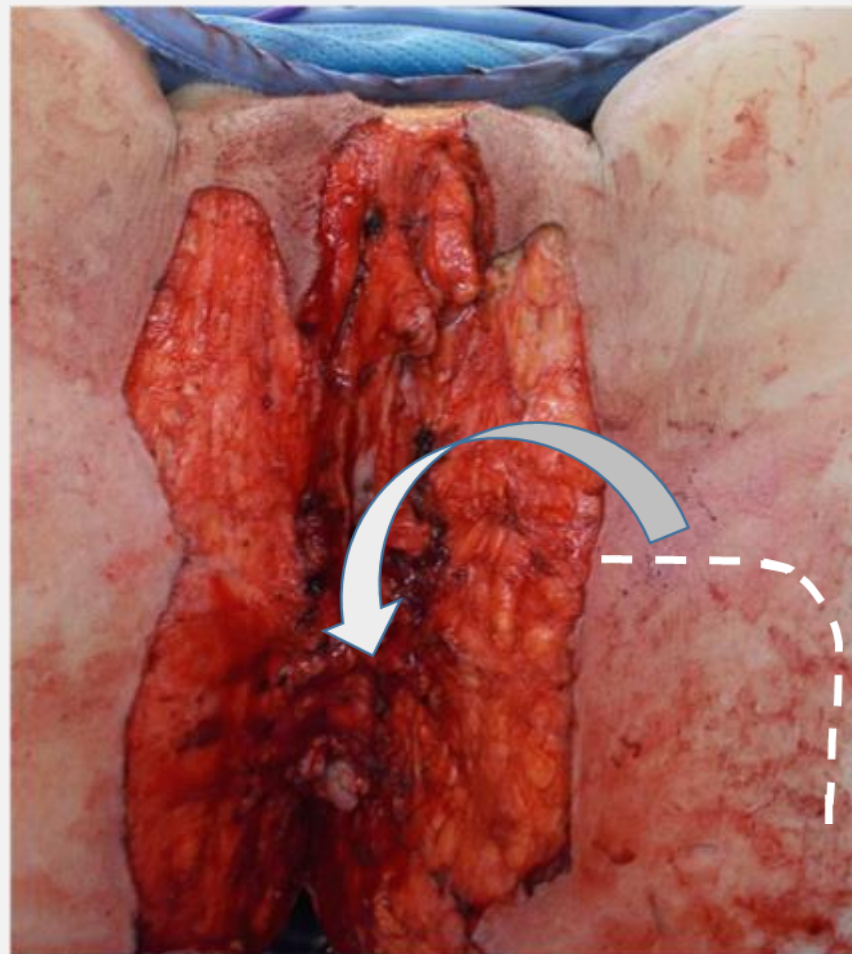




# VULVAL CANCER AND RECONSTRUCTION

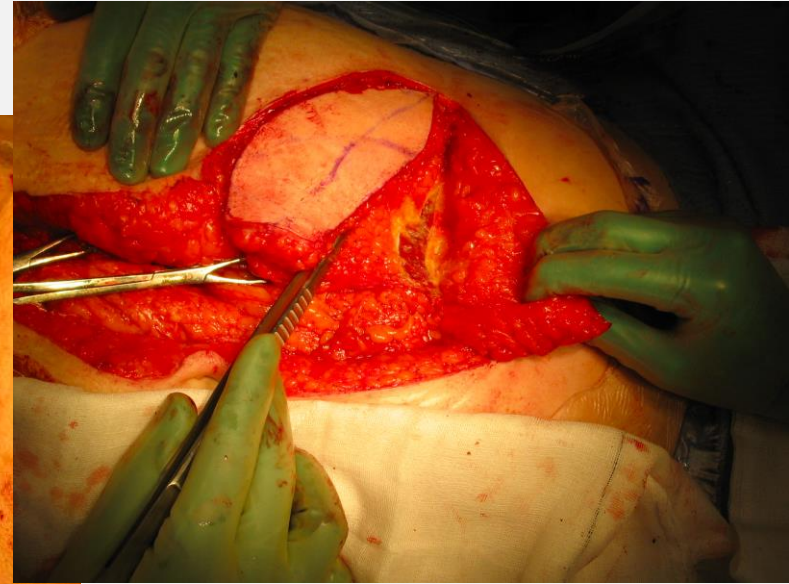
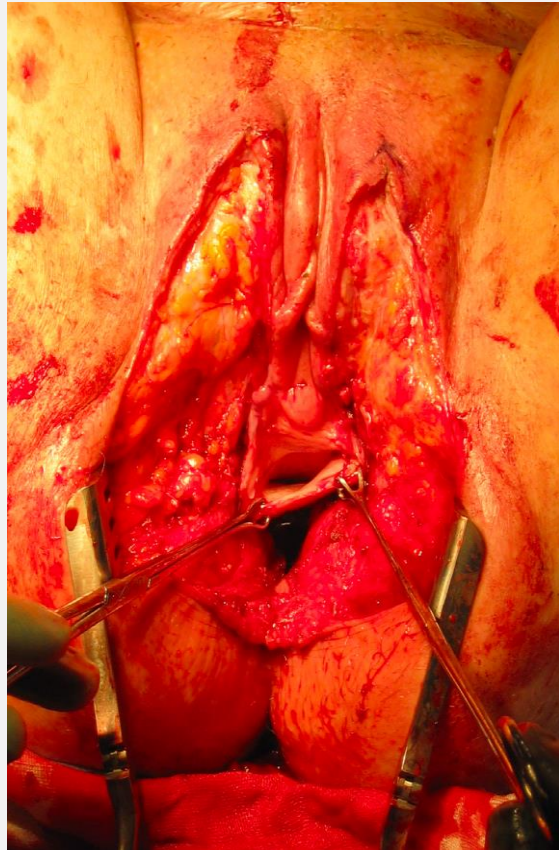


# PRIMARY CLOSURE AND LEFT RHOMBOID FLAP

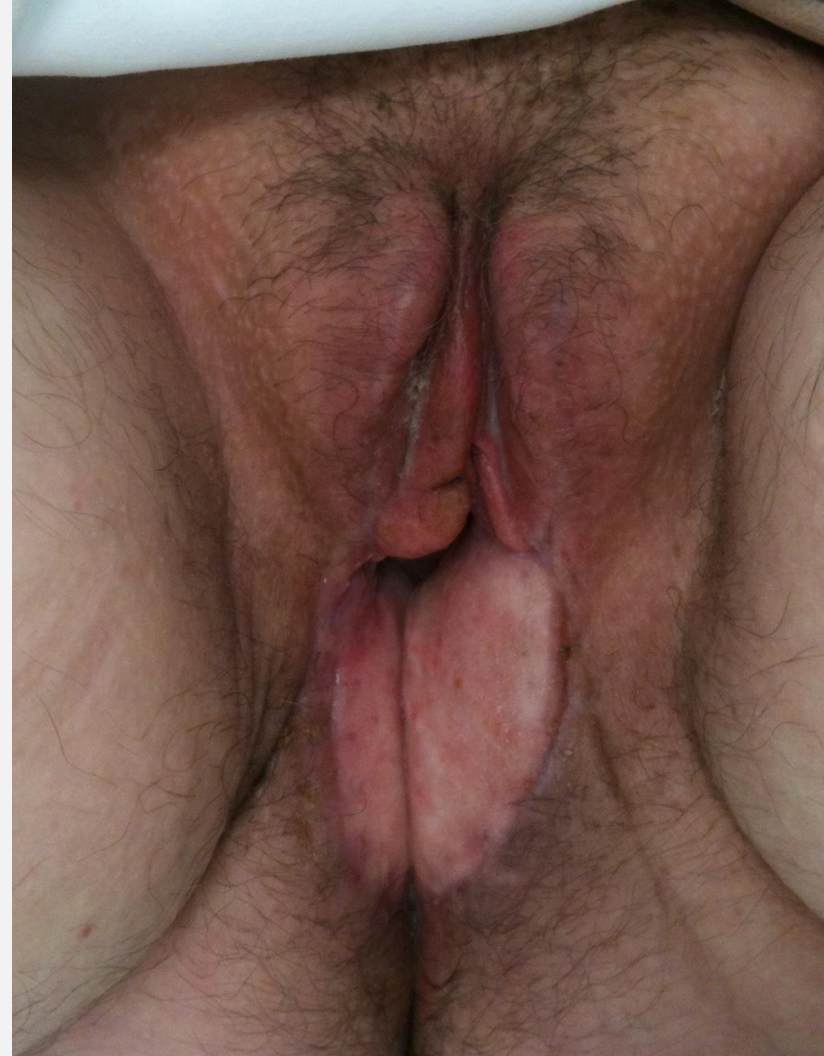
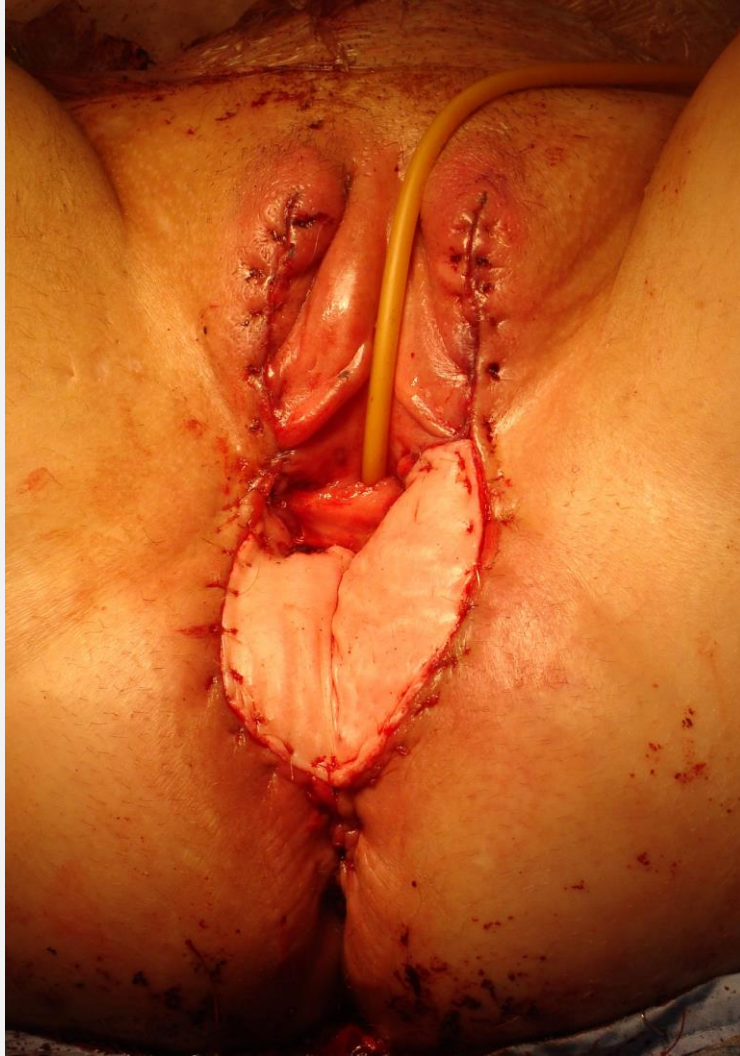




# ANOVULVECTOMY – DISTANT FLAPS









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Dr Lois Eva

- Introduction
- Risk Factors
- Sub-types
- Presentation
- Diagnosis
- Staging
- Management
- Surgical options
- Lymph Node Assessment
- Post-operative management
- Recurrent Vulval Cancer
- Advanced Vulval Cancer
- Radiation/Chemotherapy
- Living with Vulval Cancer
- Palliative Care
- Case study

**VULVAL  
CANCER**





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Gynecologic Oncology 157 (2020) 450–455

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Trends in HPV-dependent and HPV-independent vulvar cancers: The changing face of vulvar squamous cell carcinoma

Lois J. Eva<sup>a,b,\*</sup>, Lynn Sadler<sup>b</sup>, Kah Leng Fong<sup>a</sup>, Sukhwinder Sahota<sup>a</sup>, Ronald W. Jones<sup>a</sup>, Susan M. Bigby<sup>c</sup>

<sup>a</sup> Department of Gynecological Oncology, National Women's Health at Auckland City Hospital, Auckland, New Zealand  
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<sup>c</sup> Department of Histopathology, Middlemore Hospital, Auckland, New Zealand

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## Clinical Practice Guidelines for Cervical Screening in Aotearoa New Zealand

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Waipapa Taumata Rau  
NEW ZEALAND

**HPV-ASSOCIATED AND HPV-INDEPENDENT VULVAR SQUAMOUS CELL CARCINOMA: IS THERE AN IMPACT OF RESECTION MARGINS ON LOCAL RECURRENCE?**  
Marilyn Boo<sup>1</sup>, Lynn Sadler<sup>2</sup>, Susan Bigby<sup>3</sup>, Lois Eva<sup>4</sup>

<sup>1</sup>University of Auckland, Department of Health Science and Department of Medicine, Auckland, New Zealand  
<sup>2</sup>Women's Health Auckland City Hospital, Department of Obstetrics and Gynaecology, Auckland, New Zealand  
<sup>3</sup>Middlemore Hospital, Department of Histopathology, Auckland, New Zealand  
<sup>4</sup>Department of Gynecological Oncology National Women's at Te Taka Tamu, Auckland, New Zealand

**Introduction**

- Vulvar squamous cell carcinoma (VSCC) is driven by one of two aetiological pathways with different prognoses: HPV-associated (HPV-A) or HPV-independent (HPV-I).
- Surgical resection using the traditionally recommended 5mm surgical resection margin for all VSCC has been questioned.
- Surgical guidelines do not distinguish between the 2 aetiologies.

**Aim**

- To investigate the impact of resection margins on VSCC first local recurrence stratified by HPV-A and HPV-I subtypes.

**Method**

- A retrospective clinicopathological case review from January 1990 to December 2016 of consecutive VSCC treated by the Auckland Regional Gynaecological Oncology Service.
- Inclusion criteria:** Patients with surgical treatment of primary VSCC.
- Exclusion criteria:** non-VSCC histology, definitive chemotherapy, radiation, palliative treatment or declined surgical treatment.
- Tumours were classified into HPV-A and HPV-I VSCC based on adjacent morphology, p16 and p63 immunohistochemistry or genotyping.
- Univariable and multivariable analyses were performed to investigate the relationship between margin distance and incidence of recurrence in HPV-A and HPV-I tumours.

**Results**

- 435 patients were diagnosed with primary VSCC from 1990-2016.
- After exclusions, 314 patients were included.
- In HPV-A VSCC margin distance did not appear to have an effect on recurrence (p=0.5), however only 9 recurrences were observed in total.
- In HPV-I VSCC margin distance was associated with recurrence in the univariable analysis but not in the multivariable analysis.
- Local recurrence occurred in 8/143 HPV-A VSCC (5.6%) compared to 45/171 HPV-I VSCC (26.3%) (p<0.001).

**Conclusion**

- Local recurrence is more frequent in HPV-I VSCC.
- For HPV-A VSCC, recurrence rates are low and margins do not appear to have an impact on local recurrence in this data.
- For HPV-I VSCC, there is some evidence that resection margins may impact local recurrence, but further prospective study is needed.
- In the future HPV testing or immunohistochemistry may be useful in VSCC management protocols to individualise surgical treatment.

**Local recurrence free survival by HPV status and margin subgroups (with 36 and 60 month reference lines)**

Number at risk	0	100	200	300
HPV-A +5mm	11	1	1	1
HPV-A +10mm	21	4	1	0
HPV-I +5mm	14	2	0	0
HPV-I +10mm	75	6	2	0

**Univariable and multivariable associations between margins and local recurrence among HPV-A cases**

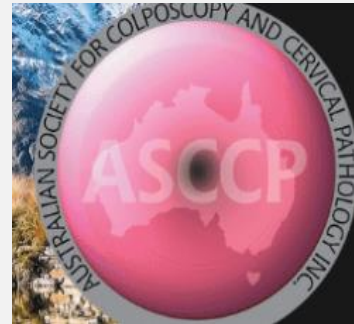
Subgroups	n	Univariable analysis	Multivariable analysis*
HPV-A, Total	39	HR (95% CI)	HR (95% CI)
HPV-A, 5mm	39	1.00 (0.0, 1.0)	1.00 (0.0, 1.0)
HPV-A, 10mm	39	2.39 (0.54, 10.9)	1.59 (0.39, 6.6)
HPV-A, 1-10mm	39	4.30 (0.19, 95.0)	4.45 (0.46, 23.0)
HPV-A, 10-15mm	39	1.88 (0.32, 10.9)	0.93 (0.24, 3.7)
HPV-A, 15-20mm	39	0.99 (0.16, 5.7)	0.96 (0.14, 6.9)
HPV-A, All	39	0.41 (0.16, 2.2)	2.75 (1.13, 6.57)
Presence of LS†	105	0.92 (0.39, 2.17)	0.85
Presence of LS‡	105	1.59 (0.87, 2.92)	0.33

HR=hazard ratio; CI=Confidence Interval; LS=Lichen sclerosis



## HPV-independent and HPV-associated vulvar squamous cell carcinoma: two different cancers

Lois Eva<sup>1,2</sup>, Lynn Sadler,<sup>3</sup> John MD Thompson,<sup>3</sup> Sukhwinder Sahota,<sup>1</sup> Kah Leng Fong,<sup>1</sup> Ronald W Jones,<sup>1</sup> Susan M Bigby<sup>4</sup>



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